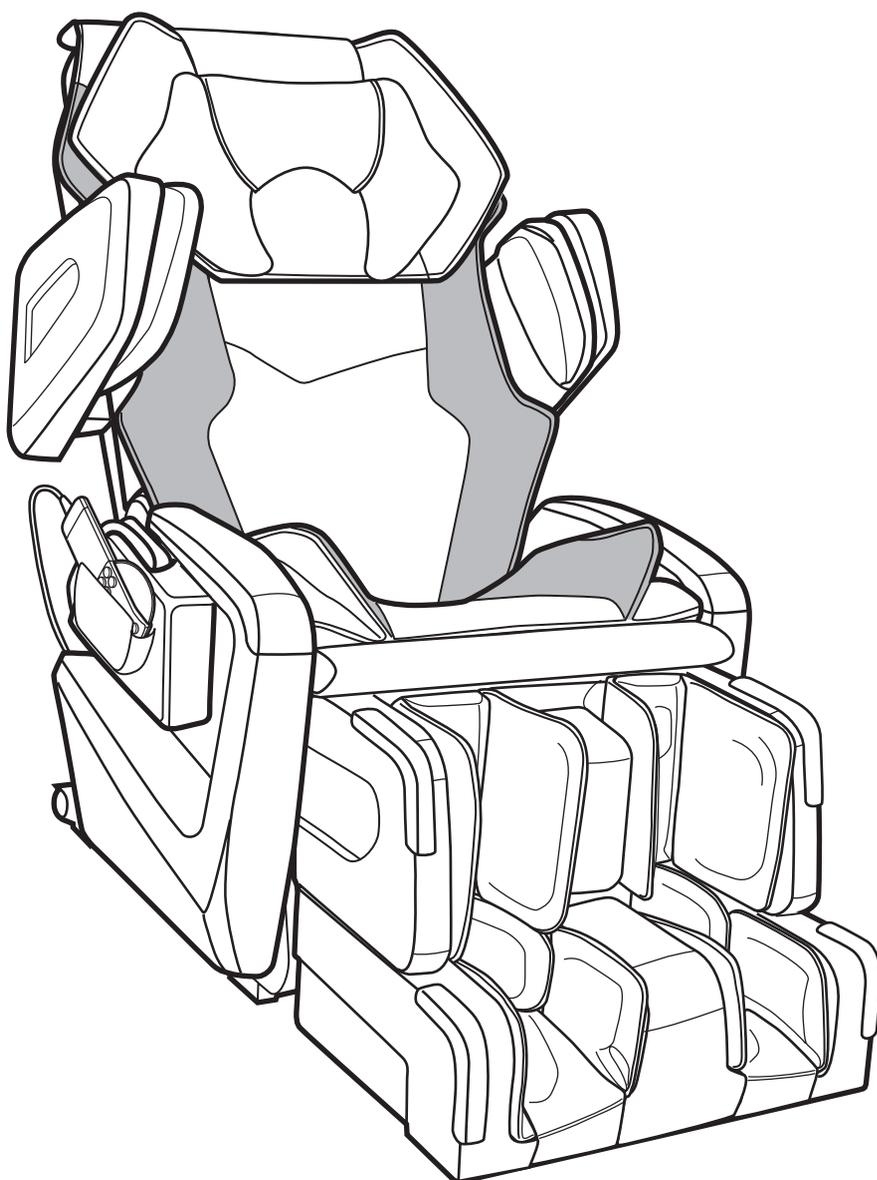


FAMILY

inada chair AAA

Thank you for purchasing the Inada Chair AAA.
 You can enjoy various types of massage for relieving or soothing fatigue.
 We hope the Inada Chair AAA will be a valued partner in your daily health preservation for many years to come.



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Operating Manual
 Warranty card provided separately

- Please read this Operating Manual before use.
- Keep this Operating Manual nearby so that you can refer to it anytime.
- This product is designed for home use.

SAFETY PRECAUTIONS

Be sure that you have read these SAFETY PRECAUTIONS thoroughly before using your Inada Chair AAA for the first time. The Operating Manual contains important information about how to use the chair safely and correctly, avoiding possible damage to property or injury to the users of the chair and others. First of all, you should understand well the meaning of the indications and symbols described below, which are used throughout the Operating Manual to highlight important safety instructions. Please adhere to all precautions. Descriptions of each chair component can be found on pages 5-6.

Types of Indications

| | |
|--|--|
|  Warning | This action could result in serious injury or death. |
|  Caution | This action could result in personal injury or damage to property. |

Types of Symbols and Description

| | |
|---|--|
|  |  Prohibited (The symbol on the left means "Do not disassemble.") |
|  |  Required Action (The symbol on the left means "Unplug the chair.") |

Remember to keep this Operating Manual in an easily accessible place.

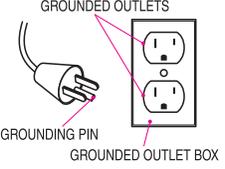
Safety Precautions: Installation

Caution

| | | | |
|--|--|---|---|
|  Prohibited | <ul style="list-style-type: none"> Do not install the chair in an area of high humidity, such as a bathroom or sauna. <ul style="list-style-type: none"> → Could result in electric shock or damage to the chair. |  Required Action | <ul style="list-style-type: none"> Install on a flat, level surface only. <ul style="list-style-type: none"> → Chair could tip over accidentally if placed on an uneven surface. |
|--|--|---|---|

Safety Precautions: Before Use

Warning

| | | |
|--|---|---|
|  Electrical grounding | <ul style="list-style-type: none"> Space Requirements This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current in order to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. <ul style="list-style-type: none"> Improper connection of the equipment-grounding conductor can result in the risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product if it will not fit the outlet; have a proper outlet installed by a qualified electrician. This product is for use on a nominal AC 120 V circuit and has a grounding plug that looks like the plug illustrated in the figure to the right. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product. |  |
|  Prohibited | <ul style="list-style-type: none"> The following persons must not use this massage chair: <ul style="list-style-type: none"> Persons who have been instructed by a doctor to avoid massage therapy. Ex. Thrombosis, severe aneurism, acute varicosity, or dermatitis and/or skin infection including inflammation of the hypodermis. Persons with suspected acute neck sprain (whiplash injury) | |
|  Required Action | <ul style="list-style-type: none"> Persons with any of the following conditions should seek medical advice before using the chair: <ul style="list-style-type: none"> Serious heart conditions Sensory impairment caused by serious peripheral circulatory disorders due to diabetes and other diseases Osteoporosis, spinal fractures, acute pain and/or symptoms thereof Persons being treated for personal injuries High fever (100°F or higher) Ex. Strong acute inflammation illness caused by fatigue, chills, blood pressure fluctuation, or asthenia Persons in the early stages of pregnancy, or immediately after giving birth Persons who have an implanted electronic medical device(s) easily susceptible to electromagnetic interference Ex. pacemaker Abnormal or curved spine Persons planning to use the chair for the massage of the body part which is/was under medical treatment Persons with malignant tumor(s) Persons under bed rest orders Persons with acute gastro-intestinal complaints or ailments such as gastritis, enteritis, or hepatitis Persons under a doctor's care, or those experiencing unusual physical discomfort Joint dysfunction due to rheumatism, gout, or other diseases Persons with symptoms such as qualm, dizziness, or tinnitus Inflammation due to rheumatism, gout, or other diseases Persons with thecitis or suspected thecitis Elderly people and persons with weak bones should seek medical advice before using the chair, even if they do not have a specific disease. If your condition does not improve after use, consult a doctor or specialist. Do not drop or insert any object into any opening. To disconnect, switch all controls to the off position, then remove plug from outlet. | |
|  Prohibited | <ul style="list-style-type: none"> Do not use the chair with any other power source than AC 120 V. → May result in fire or electric shock. Do not use with any type of transformer device. → May result in damage to the chair or electric shock. Do not use the chair, if the power cord or plug is damaged, or if the wall outlet connection is loose. → May result in electric shock, short circuit, or combustion. Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like. → May result in fire. Before each use, check for holes or tears in the chair covering. Also, check the other parts for tearing. Stop using the chair immediately if you find even the smallest tear. Unplug the chair and contact the vendor for assistance. → Using the chair with holes or tears in the covering could result in injury or electric shock. Do not operate under blanket or pillow. → May result in burns, fire, electric shock, or injury to persons. Do not use outdoors. → May result in burns, fire, electric shock, or injury to persons. Do not operate where aerosol (spray) products are being used or where oxygen is being administered. → May result in burns, fire, electric sock, or injury to persons. | |



Safety Precautions: Before Use

Caution



Required Action

- **Before plugging the power cord into the wall outlet, make sure that the main POWER switch is set to OFF.**
→ May result in damage to the chair or electric shock.
- **Make sure that the plugs on the power cord are inserted fully into the cord connector and the wall outlet.**
→ May result in electric shock, short circuit, or combustion.
- **Before using the chair for the first time, turn on all the switches in order as indicated in this Operating Manual to check that the chair is operating properly.**
- **Before using, raise the reclining seat to its fully upright position. Then recline the seat back slowly to the most comfortable position, remembering to start off with a lighter massage.**
→ Starting with a deep massage may hurt a user. Elderly people and persons with weak bones should be especially careful when selecting massage intensity.
- **For the safety, sit down in the chair slowly without turning or twisting the body to ensure that the spinal rollers are placed at either side of the spine.**
- **Do not sit, stand, or lean on the leg rest unless you are sitting in or getting up from the chair.**
→ Personal injury or damage to the chair may result if the chair tips over.
- **If you use the chair after it has not been used for a long time, read this Operating Manual again thoroughly and check if the chair operates properly.**



Prohibited

- **Do not use the chair in any way not prescribed by the Operating Manual. Do not use the chair together with any other therapeutic device or with an electric blanket.**
→ May result in injury or have a negative effect on health.
- **Do not move the chair while someone is in it.**
→ Accident or injury may result if the chair tips over.
- **Do not sit down on the chair with the leg rest raised.**
→ Any sudden, heavy weight on the leg rest could cause damage to the mechanism. Also, accident or injury may result if the chair tips over.
- **Do not use with anything other than the accessories supplied with this product.**

Safety Precautions: During Use

Warning



Prohibited

- **Do not wrap the power cord or the remote control cord around your body, or place the chair on top of either cord. Do not scratch, tear, treat, unduly twist, stretch or bend the power cord or the remote control cord.**
→ The cords may be damaged, resulting in fire or electric shock.
- **Do not spill water and/or other liquids on the chair, remote control, cord or plug.**
→ May result in electric shock, short circuit, or combustion. Contact the vendor for repairs.
- **Keep the cord away from heated surfaces.**
→ May result in electric shock, short circuit, or combustion.
- **Children and those who are unable to express intention should not use the chair. It is advisable to keep children and pets off the chair and away from the surrounding area (especially behind the reclining seat back or under the seat or leg rest). Children aged 14 years or over may use only the Youth Program. In such a case, an adult must attend the child.**
→ Could result in accident or injury.
- **Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.**
→ Could result in accident or injury.
- **Do not use the chair while your body is wet, or with wet hands.**
→ Could result in electric shock or damage to the chair.
- **Do not use the chair if the covering is torn. If it is, unplug the power cord from the wall outlet.**
→ Could result in accident, injury or electric shock. Contact the vendor for repairs.
- **Be careful not to get hands, feet, or objects caught between the units of the leg rest or between the leg rest and the chair. Be careful not to get hands, feet, or objects caught between the units of the armrest or between the armrest and the chair.**
→ Accident, personal injury or damage to the chair may result if hands, feet or objects are caught.
- **Do not release hands suddenly while lifting the leg rest by hand.**



Required Action

- **Make sure no one, especially children or pets, is in the way when reclining the seat back or lowering the leg rest down. Be careful that people and/or objects are not caught behind the seat back or under the leg rest.**

Caution



Prohibited

- **Do not use the chair unclothed.**
- **Do not use the chair for purposes other than massage, or other than the ordinary uses of a chair.**
→ Could result in accident or injury.
- **Do not use the chair to massage the head, chest, stomach, and/or joints (knees, elbows). Do not place hands, feet, or arms in between the rollers.**
→ May result in nausea or injury. Place a soft towel behind your neck if you want to avoid intense stimulation of the area.
- **Do not place hands or feet into the roller tracks, into the space between the seat back and the seat or into the moving parts. Do not sit wearing hard objects, such as hair accessories, necklace, watch, bracelet, or ring.**
→ May result in personal injury.
- **Do not place anything other than legs and feet on the leg rest.**
→ May result in personal injury.
- **Do not place anything other than hands in the hand massage unit. Do not place anything other than shoulders in the shoulder massage unit.**
→ May result in personal injury.
- **Do not operate the massage chair or leave it operating when there is no one in it.**
→ Could result in accident or injury.

SAFETY PRECAUTIONS

Safety Precautions: During Use

⚠ Caution

| | |
|--|--|
|  Required Action | <ul style="list-style-type: none"> ● In an emergency, or if you find any abnormal condition, push the EMERGENCY STOP button on the remote control to stop operation immediately. ● If you get acute pain or other unusual physical discomfort while using the chair, immediately discontinue the use of the chair and seek medical advice. ● If you feel the massage is too strong, reduce the stimulation according to this Operating Manual. If this solution does not work, stop using and contact the vendor. <ul style="list-style-type: none"> → May result in injury if you continue use with high stimulation under such circumstances. ● Make sure to keep the back pad in place during massage. Do not use the chair without the back pad. <ul style="list-style-type: none"> → May result in personal injury. ● Do not fall asleep in the chair during a massage session. <ul style="list-style-type: none"> → May result in personal injury. ● Keep massage sessions to no more than 15 minutes in length. Do not exceed five minutes for area specific massage of any particular part of the body. <ul style="list-style-type: none"> → Continuous use for extended periods of time can result in over-stimulation, which could cause the opposite of the desired effect, or even injury. The total amount of time for a daily massage should be limited to about 30 minutes keeping appropriate intervals between each massage session. * Children aged 14 years or over may use only one session of the Youth Program a day. ● If your leg or foot comes out of the leg rest during the massage, do not try to force it back in. <ul style="list-style-type: none"> → Undue force may result in damage to the mechanism. ● If your hand comes out of the hand massage unit during the massage, do not try to force it back in. <ul style="list-style-type: none"> → Undue force may result in damage to the mechanism. |
|  Unplug the chair | <ul style="list-style-type: none"> ● If there is a power outage or the possibility of a power outage, stop operation immediately and turn the main POWER switch to OFF. Unplug the power plug from the wall outlet. <ul style="list-style-type: none"> → Accident or injury may result if the chair is still in operating mode when the power resumes. ● If there is a threat of lightning, stop operation immediately and turn the main POWER switch to OFF. Unplug the power plug from the wall outlet. ● If an operation does not start, or if you find any abnormality, stop the chair immediately and turn the main POWER switch to OFF to prevent an accident. Unplug the power plug from the wall outlet. Contact the vendor for inspection or repairs. <ul style="list-style-type: none"> → Electric shock or fire caused by a short circuit may result if the chair is left plugged in under such circumstances. |

[SAFETY PRECAUTIONS]

Safety Precautions: After Use or When Not in Use

⚠ Caution

| | |
|---|--|
|  Required Action | <ul style="list-style-type: none"> ● Be sure to turn the main POWER switch to OFF after every use and to unplug the power plug from the wall outlet. <ul style="list-style-type: none"> → Accident or injury may result if children or pets play with the chair. ● After using the chair, be sure to return the reclining seat back to its upright position and lower the leg rest to its lowest position. ● Wipe the chair off after every use, and store the chair in a place free of excess humidity. ● Do not place any object on the seat, reclining seat back, or leg rest. |
|  Unplug the chair | <ul style="list-style-type: none"> ● Hold the power plug when unplugging from the wall outlet. Do not pull on the power cord. <ul style="list-style-type: none"> → May result in electric shock or fire caused by short-circuiting. ● When cleaning the chair, make sure to unplug the power plug from the wall outlet first. Do not plug or unplug the power plug with wet hands. ● An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts. <ul style="list-style-type: none"> → Could result in accident, injury or electric shock. ● If the chair is left unused for a while, be sure to unplug it from the wall outlet. <ul style="list-style-type: none"> → Insulation degradation by dirt or moisture may cause electric shock, or fire due to short-circuit. |

Other Precautions

⚠ Warning

| | |
|---|---|
|  Prohibited | <ul style="list-style-type: none"> ● Do not stand on the chair. Do not make a major impact or sit on any part of the chair other than the seat. <ul style="list-style-type: none"> → Personal injury or damage to the chair may result if the chair tips over. |
|  Do not disassemble | <ul style="list-style-type: none"> ● Do not try to repair any malfunction of the chair. Contact the vendor for assistance. ● For the safety, if the power cord is damaged, contact the vendor for replacement. ● Do not modify or remodel the chair. <ul style="list-style-type: none"> → May result in fire, electric shock, or injury. |

⚠ Caution

| | |
|--|--|
|  Required Action | <ul style="list-style-type: none"> ● If you lend, sell, or otherwise transfer the chair to another party, make sure to include this Operating Manual. |
|--|--|

Note

- Before disposing of the product or its accessories, consult your local authorities about the proper procedure.

MAIN FEATURES

Perfect size for an apartment Full-Body Massage Function

The chair provides a roller massage from the neck to the lower back, and an air massage using the seat and foot units. Also, the shoulder massage air units provide a massage from the front, and the hand massage units give a pleasurable massage to your hands. All this in a compact size.

Optic sensors provide for Automatic Shiatsu Point Locator Function

Automatically locates shiatsu points which vary from person to person. This allows for an effective massage that tailors itself to your size and shape.

Easy-to-see LED Stylish Remote Control

An LED lights up for the selected program, making the buttons easy to understand and use. Also, the remote control semicircle area displays LEDs for the shoulder position search and operations inside the panel of the remote control.

Easy to adjust to the most comfortable position Automatic Reclining Function

The seat back can be reclined to any angle between approx. 120° and 170° from the floor. The angle of the leg rest unit also can be adjusted up to approx. 90° according to your preference.

Relieve any kind of fatigue Various Course Functions

Healthcare programs and wellbeing programs allow you to select the optimal program according to your purpose. Quick programs allow you to refresh yourself in a short period of time. And the manual selection mode allows you to combine functions to suit your particular needs.

Swing Function

The seat rocks to a rhythm that makes you feel like you are swinging in a hammock.

Full-Body Stretch Function

This function combines with the reclining of the seat back to extend your back muscles and stretch your body through twisting and bending. This full-body stretch thoroughly stretches your body both vertically and horizontally.

Back 3-D Mechanism

The intensity of massage can be adjusted with an air-actuated 3-D massage mechanism.

Shoulder Massage Air Unit Function

Enables an air massage from the front and also works in combination with the air cushions on the sides of the back to give a massage over a wide body area.

Youth Program and Senior Program

The Youth Program provides a low-stimulation massage for children aged 14 years or over. The Senior Program performs a slow shiatsu at the same time as the massage. These programs help make the entire household more healthy.

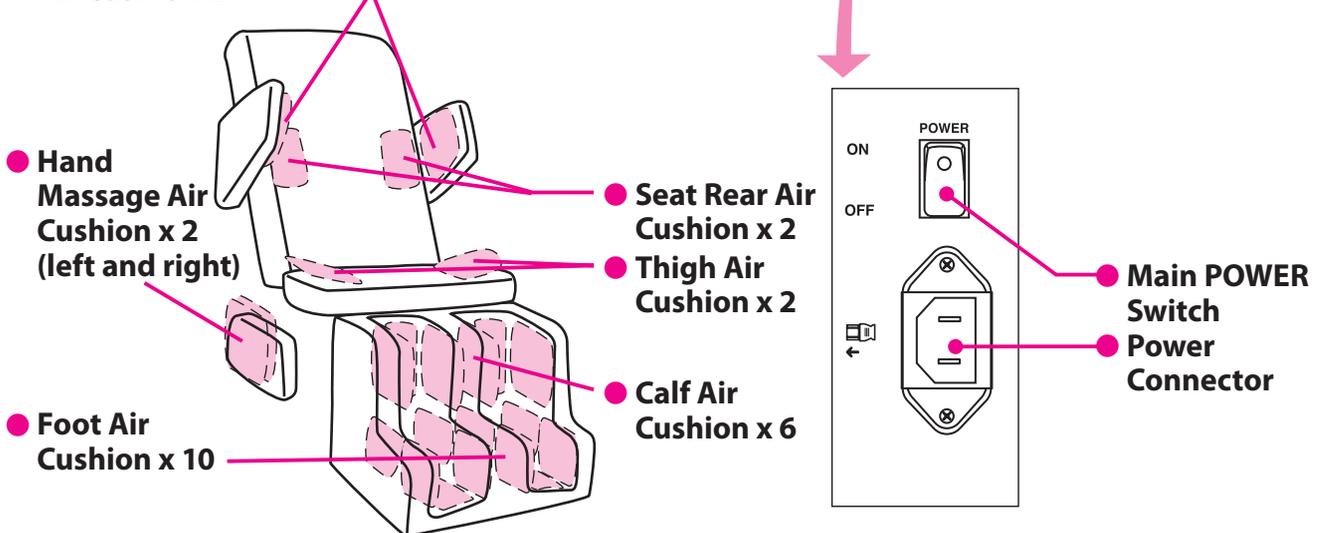
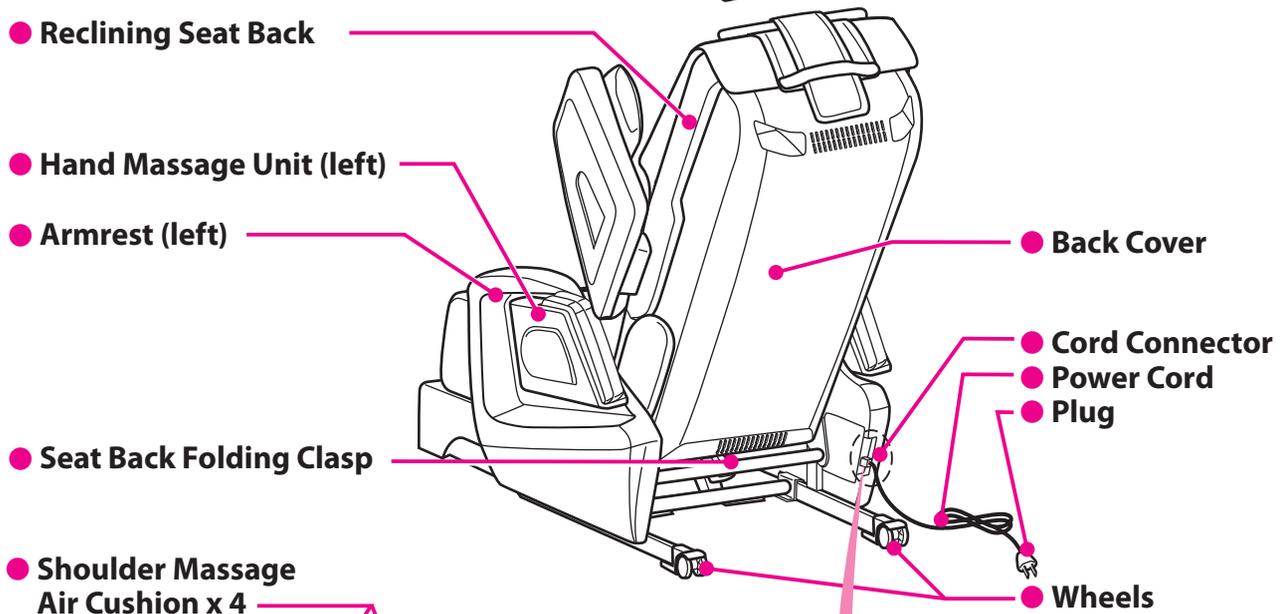
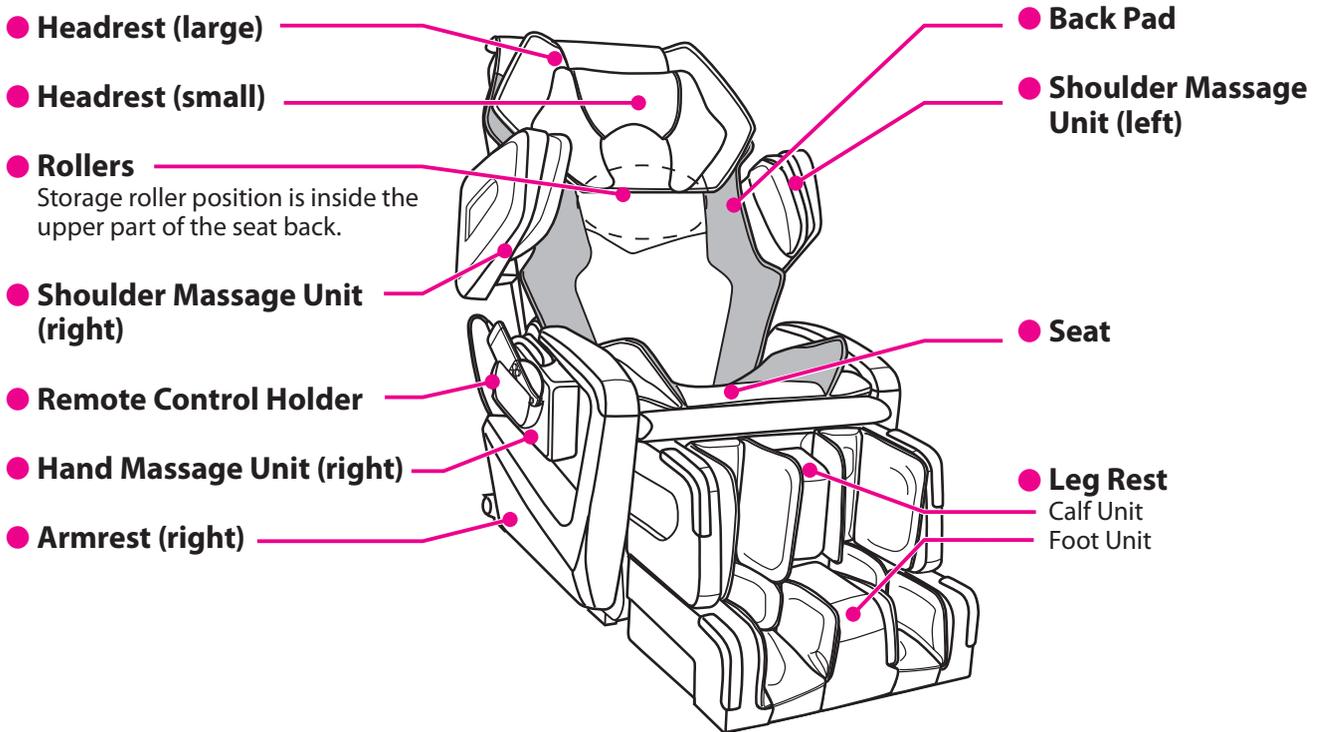
Benefits

As a therapeutic massage device in the general households, the Inada Chair AAA provides the following benefits:

- Relaxes muscles
- Relieves minor muscle aches and pains

COMPONENTS & DESCRIPTION

COMPONENTS & DESCRIPTION





Remote Control

Program Selection Display

When a program is selected inside the remote control panel, the corresponding light turns on.

Roller Position Display

The position of the roller during the massage is displayed.

Shiatsu Point Locator Indicator

A light indicates when the shiatsu point locator is operating and when the operation has finished.

LEG REST Buttons

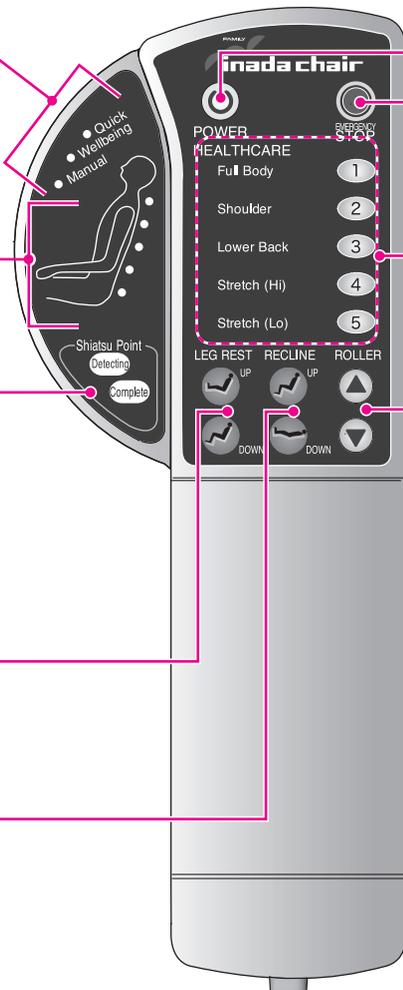
→See P14

Use to adjust the angle of the leg rest.

RECLINE Buttons

→See P13

Use to adjust the angle of the reclining seat back.



POWER Button

Turns the remote control power ON and OFF.

If the button is pressed again, the operation will stop after the rollers return to their storage position.

The button is lit in green while the power to the remote control is ON, in orange while the power is OFF, and in red while the chair is stopped in an emergency.

EMERGENCY STOP Button

Use this button to shut the chair off immediately in an emergency or if there is a malfunction during operation of the chair. **The rollers will stop immediately.**

Preset Program Buttons 1 (Healthcare Programs) →See P17

Selects the program with the corresponding name.

ROLLER-Position Adjustment Buttons →See P20

Use to adjust the shoulder position while the shiatsu point locator is operating, and to adjust the roller position during manual selection mode.

Remote Control/Inside the Panel

Basic Operation Buttons

→See P23

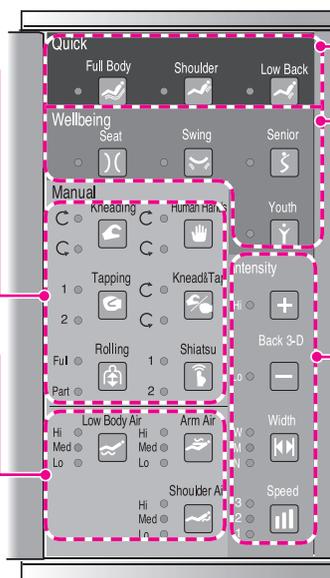
Selects among basic massage operations such as Kneading, Tapping, or Rolling.

Air Massage Buttons

→See P23

Selects among Shoulder, Arm or Low Body air massage.

*These 3 air massage types can all be selected at the same time. Press the buttons repeatedly to adjust the air intensity.



Preset Program Buttons 2 (Quick Programs) →See P18

Selects the program with the corresponding name.

Preset Program Buttons 3 (Wellbeing Programs) →See P18

Selects the program with the corresponding name.

Intensity Buttons

→See P24

Adjusts the basic operations.



- Do not spill water and/or other liquids on the remote control.
- Do not handle the remote control with wet hands.

- Do not sit on the remote control. Do not drop or step on the remote control. Do not pull the remote control cord forcibly.
- Do not use pointed or hard objects to push the buttons. →May result in damage to the remote control.



BEFORE USE

- This product is shipped with the reclining seat folded down. Before use, be sure to raise the seat back to its upright position until it makes a locking sound.
- Do not expose the chair to sudden bursts of heat. If the room where the chair is to be used is cold, turn the heat up slowly. If the chair is moved from a cold place into a heated room, wait one hour before using the chair. →Condensation could occur in the moving parts of the chair, which may compromise performance.

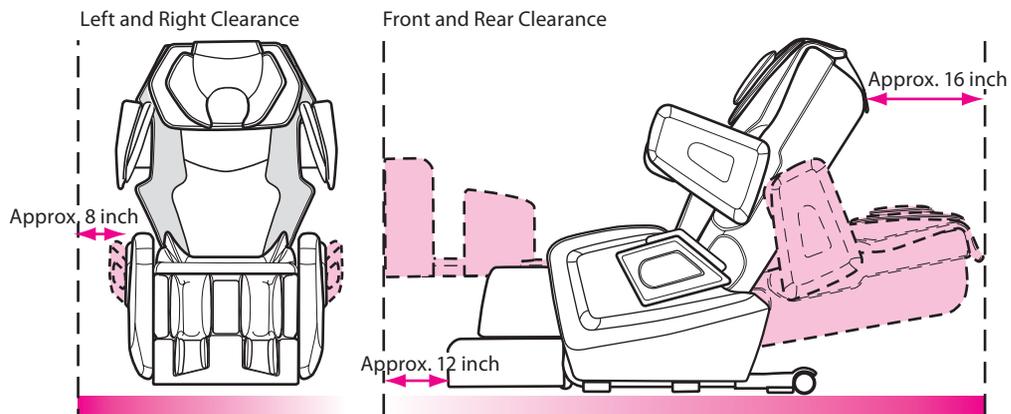
Installation

Allow for at least 16 inch clearance behind the chair and 12 inch in front of the chair when installing, so as to be able to recline the seat back fully without obstruction. Keep at least 8 inch clearance to the left and right of the chair.

Caution

- Do not install the chair in an area of high humidity, such as a bathroom or sauna.
- Install on a flat, level surface only.
- Do not use in areas of high debris or dust content. Do not use where ambient temperature is 104°F or over.
- Do not install the chair where it can come into contact with direct heat, such as direct sunlight or a radiator.

- To avoid damaging floor surfaces and to cut down on the noise of the chair, it may be better to install the chair on a carpeted surface or to lay a piece of carpet under the chair. (Do not use an electric blanket.)
- The chair is very heavy, so please be careful when unloading it so as not to damage floor surfaces.
- Install the chair at least 39 inch away from TVs, radios, and/or other audio or video equipment. Otherwise they may make noises affected by the operation of the chair.
- The load to the floor per 0.16 inch² is approximately 5.0 lb, with a person weighing 220 lb sitting on the chair.

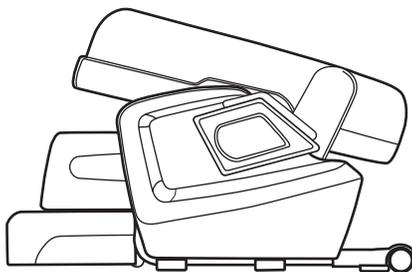


[BEFORE USE]

Checking the Supplied Items

Check that the chair and the other items are all in the package.

Chair



Chair

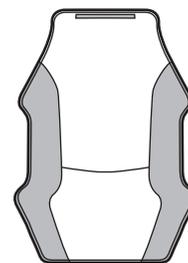
Supplied Items 1



Buffer Pad (thin)



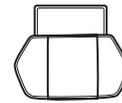
Buffer Pad (thick)



Back Pad



Headrest (small)



Headrest (large)

Supplied Items 2

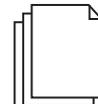


Shoulder Massage Unit (left and right)

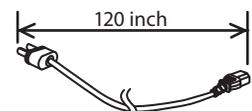
Supplied Items 3



Operating Manual (this document)



Leaflets



AC Cord



Shiatsu Pad B x 2



Remote Control Holder

How to Move the Chair

Turn the main POWER switch to OFF and disconnect the plug from the wall outlet before moving the chair.

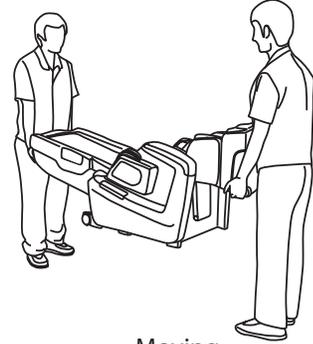
To Carry

Moving Method (1)

There are handles on the lower part of the armrests, to the front and rear. Two people should hold these handles to carry the chair.



Moving Method (1)



Moving Method (2)

Moving Method (2)

Fully recline the seat back and carry the chair by holding the handles on the upper part of the back cover and the corners on the wheel side of the leg rests.

To Move with the Wheels

Moving Method (3)

The chair is equipped with wheels to make it easy to move. Raise the reclining seat back to its upright position, hold the leg rests as illustrated, and then move the chair on the wheels by lifting and holding up the front part of the chair.



Moving Method (3)



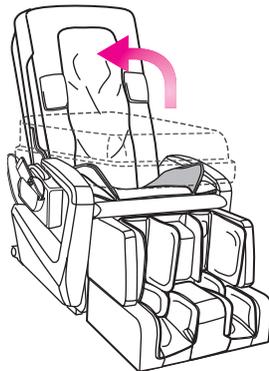
Caution

- Do not move the chair while someone is in it.
- Be sure to disconnect the power cord from the wall outlet before moving the chair.
→The power cord may be damaged, resulting in fire or electric shock.

How to Raise and Fold the Seat Back

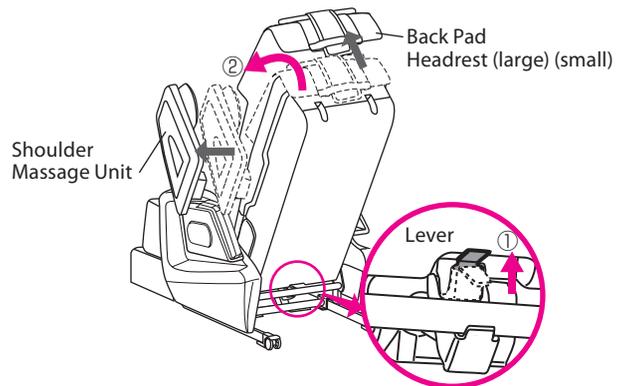
- To raise the reclining seat back
Hold the top side of the reclining seat back and raise it to its upright position until it makes a locking sound.

- Be careful not to pinch parts such as the power cord and remote control cable.
- Raise up the seat back all the way until it is fully upright.



- To fold the reclining seat back
To fold the reclining seat back: ① Pull up the lever of the seat back folding clasp. ② Push the top side of the seat back toward the front and fold down the seat back.

- Remove the back pad, headrests (large) (small) and shoulder massage units (left and right)



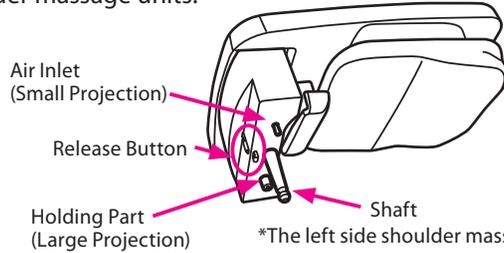
[BEFORE USE]

BEFORE USE

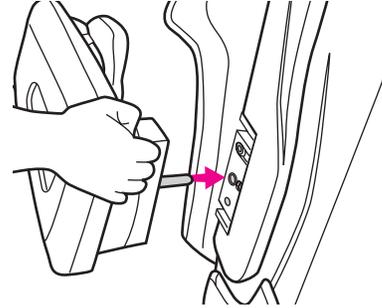
How to Install and Remove the Shoulder Massage Unit

How to Install the Shoulder Massage Unit

Insert the part of the shaft that projects from the shoulder massage unit into the hole on the side of the seat back and fully push it in. Install so that the air inlet is at the top. There are left and right shoulder massage units.



*The left side shoulder massage unit is shown in the figure



- After installation, be sure to pull the unit to check that it is secure and does not come off.
- The chair cannot be used while a shoulder massage unit is removed. Be sure to install before use.

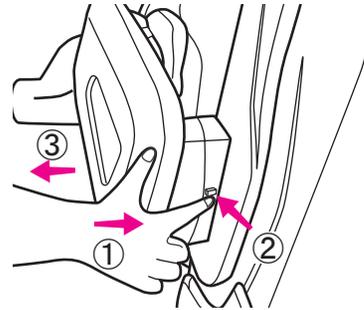
Warning

- Do not swing from, climb on or sit on the shoulder massage unit.
→ May result in accident or injury.
- Before using, be sure to pull the shoulder massage unit to check that it is secure and does not come off.
→ May result in personal injury or damage.

How to Remove the Shoulder Massage Unit

To remove the shoulder massage unit, follow the procedure below.

- ① Push the shoulder massage unit straight against the chair.
- ② While performing ①, press the release button.
- ③ While pressing the release button, pull out the unit.

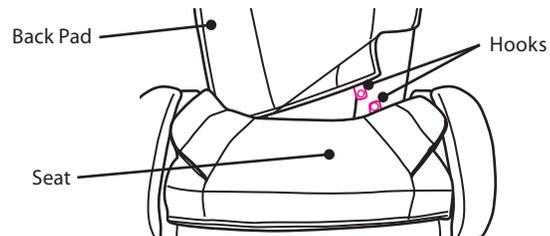
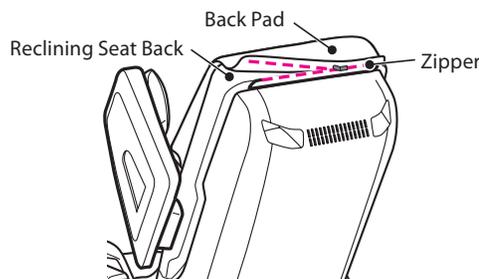


[BEFORE USE]

How to Install the Back Pad and Headrest

How to Install the Back Pad

- (1) Connect the back pad zipper to the zipper on the top of the seat back.
- (2) Fasten the back pad hooks to the seat hooks. (Fasten on the left and right.)

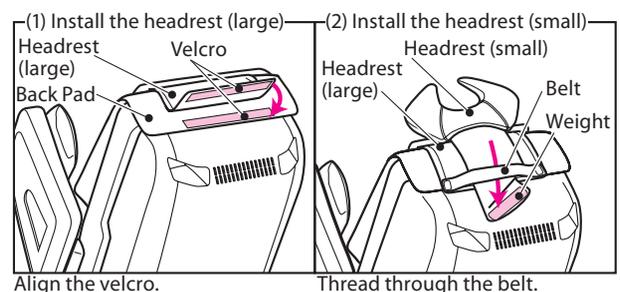


Warning

- Do not use the chair for a massage if the back pad is not installed.
→ May result in personal injury.

How to Install the Headrest

Two headrest types (small and large) are supplied with the chair. Perform (1) and then (2) to install the headrests to the chair.

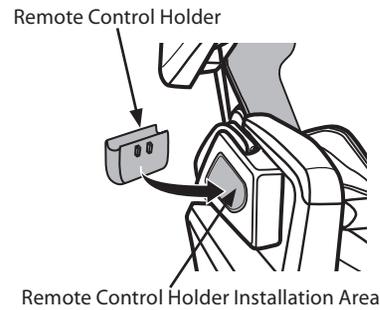


How to Install the Remote Control Holder

Magnets are used to attach the remote control holder. Attach the remote control holder to its installation area on the hand massage unit.

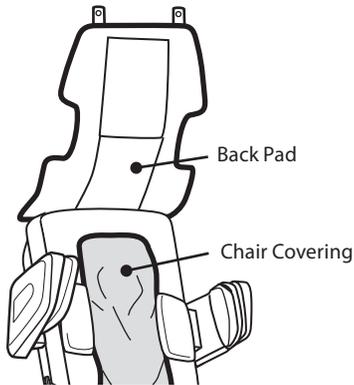
The remote control holder can be installed on either the left or right side. However, if you choose to install it on the left side, you must also change the position of the remote control to the left side at the same time.

See "**Changing the Remote Control Position**" on page 11.



Checking the Seat Cover

Disconnect the hooks that fasten the back pad to the seat, lift up the back pad as illustrated, and check for holes or tears in the chair covering.



Warning

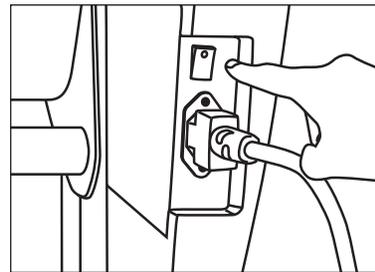
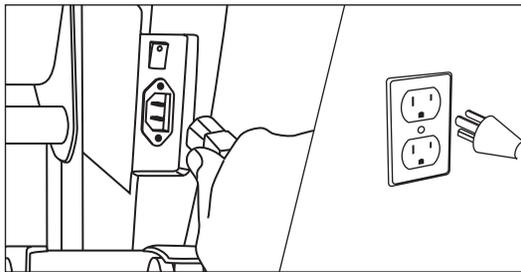
- Be sure to check for tearing on the chair before every use, as shown in the illustration. Also, check the other parts for tearing. Stop using the chair immediately if you find even the smallest tear. Unplug the chair and contact the vendor for assistance.

[BEFORE USE]

Main Power Connection

(1) First, plug the power cord into the cord connector located at the back of the chair. Then, plug the other end into the wall outlet.

(2) Set the main POWER switch located at the back of the chair to ON.



* If the main POWER switch is turned on while the rollers are stopped in the middle of the movement, they will automatically return to the starting position (upper part of the reclining seat) then stop.

Warning

- Do not use with any type of transformer device.
→May result in damage to the chair or electric shock.

Caution

- Before plugging the power cord into the wall outlet, make sure that the power switch is set to OFF.
- Make sure that the plug on the power cord is inserted fully into the wall outlet.
- Before using the chair for the first time, turn on all the switches in order as indicated in this Operating Manual to check that the chair is operating properly.

POSITION ADJUSTMENT

How to Sit

When the chair is off, the rollers are normally drawn back into the left and right sides of the upper part of the seat back (storage position). For safety reasons, first check the position of the rollers. If they are in any position other than storage positions, turn the main POWER switch on before sitting down to allow the rollers to return to their storage position. When you finish checking, sit down slowly in the center of the seat.

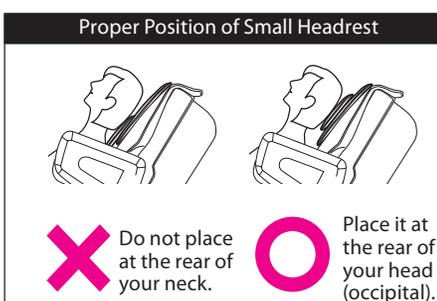
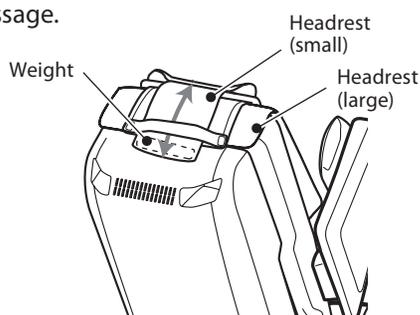
Warning

- **Do not sit down on the chair with the leg rest raised.**
→ Any sudden, heavy weight on the leg rest could cause damage to the mechanism. Also, accident or injury may result if the chair tips over.
- **Before using, raise the reclining seat to its fully upright position. Then recline the seat back slowly to the most comfortable position, remembering to start off with a lighter massage.**

How to Use the Headrest (Small)

How to Adjust the Headrest

You can adjust the position of the supplied headrest (small) to keep your head in a comfortable, natural position during your massage.



Because the small headrest is balanced by a weight attached to its rear, you can adjust its position simply by moving the headrest up or down.

Adjust the small headrest to match the position of your head before starting the massage.

- **Place the small headrest in a proper position. If it is not placed properly, the automatic shiatsu point locator may not function properly.**

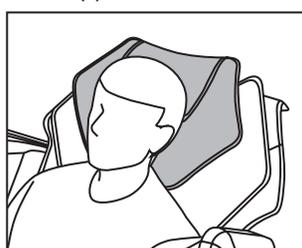
Caution

- **Because a weight is attached to the small headrest, do not throw the headrest or swing it around. Be especially careful if there are small children in your household.**
→ May result in personal injury.

How to Use the Headrest

There are two ways to use the small headrest. Choose whichever one you like.

(1) Normal use

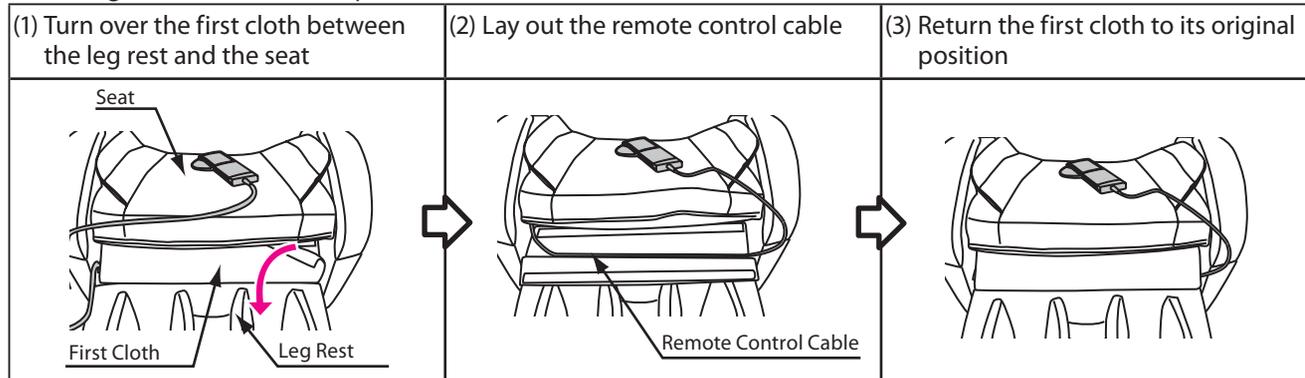


(2) Neck support



Changing the Remote Control Position

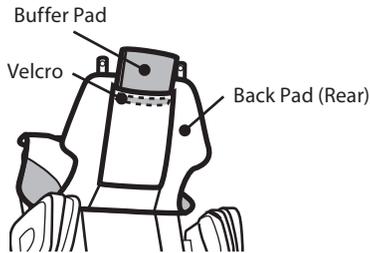
The chair is shipped with the remote control coming out from the right side. By following the procedure below, you can change the remote control position to the left side.



- **When the remote control comes out from the left side, the remote control cable is shorter than when the remote control is positioned on the right side. Do not forcibly pull the cable.**

How to Use the Buffer Pad

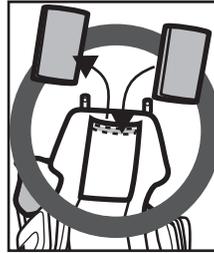
If you feel that the massage is too intense, insert the supplied buffer pad (thin) into the back pad. If you still feel that the massage is too intense, replace the thin buffer pad with the thick one before starting the massage again.



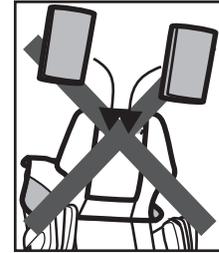
Caution

- Do not use both buffer pads at the same time.
→ May result in accident or injury.

Replace the buffer pad (Remove)

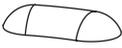


Do not use both buffer pads at the same time

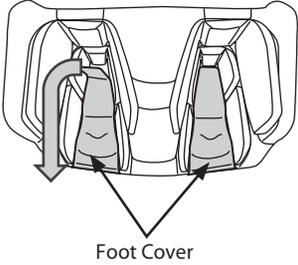
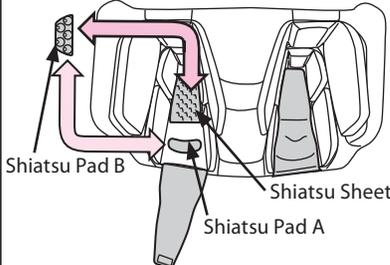
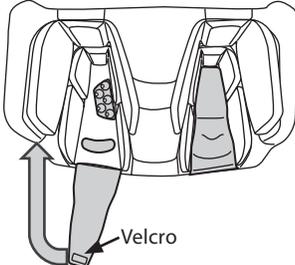


How to Use the Foot Shiatsu Sheet

Shiatsu Pad A (light) and a Shiatsu Sheet are installed on the chair when it is shipped. If you want, you can replace Shiatsu Pad A (light) with Shiatsu Pad B (strong).

| Shiatsu Sheet | Shiatsu Pad A (light) | Shiatsu Pad B (strong) |
|---|---|---|
|  |  |  |
| Great for stimulating the whole of your feet. | Great for stimulating the tips of your toes and the arches of your feet. | |

How to Install

| | | |
|---|---|--|
| (1) Turn over the foot cover. | (2) Remove and replace the Shiatsu Sheet or Shiatsu Pad. | (3) Return the foot cover to its original position. Attach to the cloth with the velcro. |
|  |  |  |

- Shiatsu Pads A and B and the Shiatsu Sheet can be freely combined. Use them together as you like.
- Remove them if you feel that the stimulation is too intense.

POSITION ADJUSTMENT

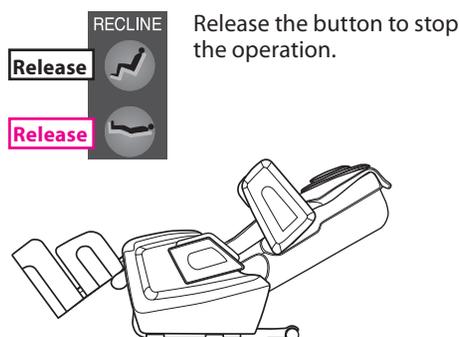
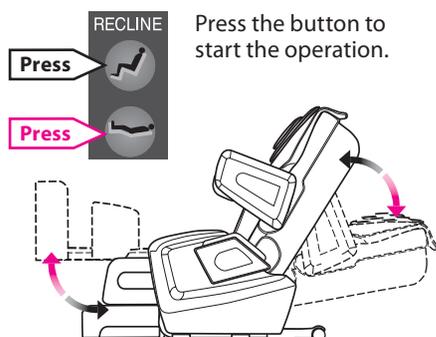
How to Use the Reclining Seat Back

● To raise the reclining seat back:

Press the top RECLINE button to raise the reclining seat back.

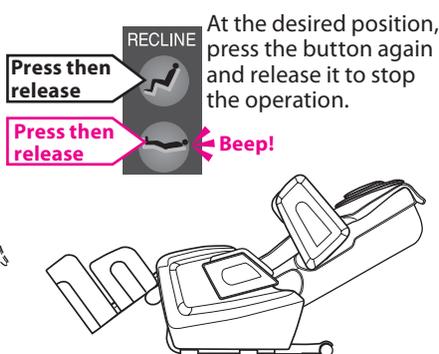
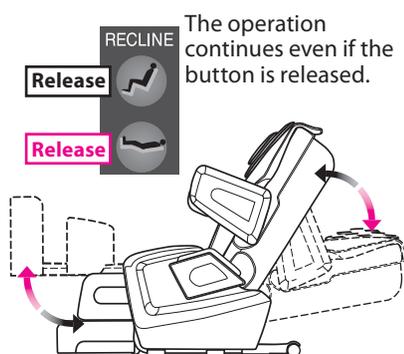
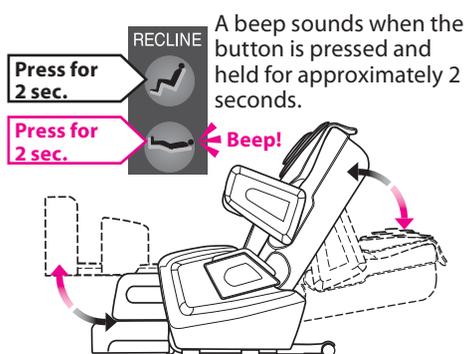
● To lower the reclining seat back:

Press the bottom RECLINE button to lower the reclining seat back.



● When you press and hold a RECLINE button for approx. 2 seconds:

When you press the top (or bottom) RECLINE button for approximately 2 seconds, the reclining operation will continue even if you release the button. When the reclining seat back reaches your desired position, press the button again and release it to stop the reclining operation.



- * The operation stops automatically when it reaches its maximum position.
- * If you continue pressing a button, its operation will continue.
- * The operation will not stop if a button other than the RECLINE buttons, LEG REST buttons or POWER button is pressed.

- The leg rest operates in conjunction with the movement of the reclining seat back. As soon as the reclining of the seat back stops, the leg rest also stops.
- For safety reasons, if a RECLINE button is pressed during a massage, air massage actions stop.
- The reclining seat back can be adjusted up or down when the main POWER switch located at the back right of the chair is set to ON. Note that it cannot be operated while the chair is stopped in an emergency.



Warning

- Make sure no one, especially children or pets, is in the way when lowering the reclining seat back. Be careful that people and/or objects are not caught behind the reclining seat back.

How to Use the Leg Rest

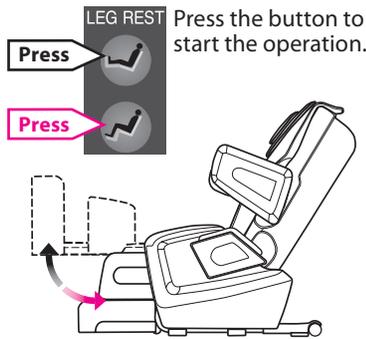
Raising and Lowering the Leg Rest

● To raise the leg rest:

Press the top LEG REST button to raise the leg rest.

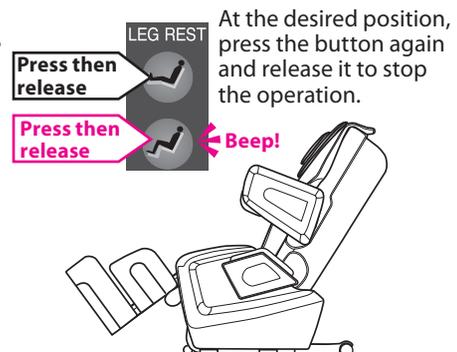
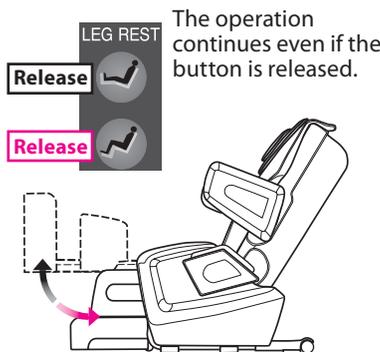
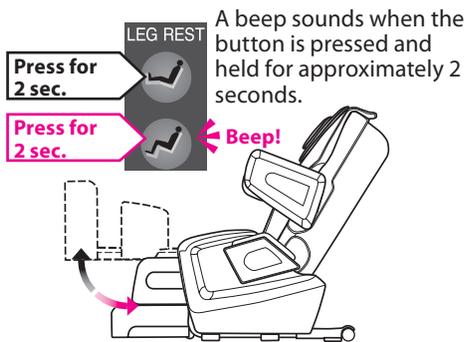
● To lower the leg rest:

Press the bottom LEG REST button to lower the leg rest.



● When you press and hold a LEG REST button for approx. 2 seconds:

When you press the top (or bottom) LEG REST button for approximately 2 seconds, the leg rest raising or lowering operation will continue even if you release the button. When the leg rest reaches your desired position, press the button again and release it to stop the leg rest.



- * The operation stops automatically when it reaches its maximum position.
- * If you continue pressing a button, its operation will continue.
- * The operation will not stop if a button other than the RECLINE buttons, LEG REST buttons or POWER button is pressed.

Leg Rest Extension and Retraction

Sitting on the chair, raise the leg rest until your legs are placed at a natural position with the hams touched down at the leg rest, and it will automatically extend or retracts and stops at an appropriate position. Do not try to sit in an unnatural position.

- When the main POWER switch located at the back right of the chair is set to ON, if the leg rest is subjected to too much pressure from above while it is raised from the floor, the leg rest will automatically move down.
- For safety reasons, if a LEG REST button is pressed during a massage, air massage actions stop.
- The leg rest can be adjusted up or down when the main POWER switch located at the back right of the chair is set to ON. Note that it cannot be operated while the chair is stopped in an emergency.

⚠ Warning

- Make sure no one, especially children or pets, is in the way when lowering the leg rest. Be careful that people and/or objects are not caught under the leg rest.
- Do not release hands suddenly while lifting the leg rest by hand.

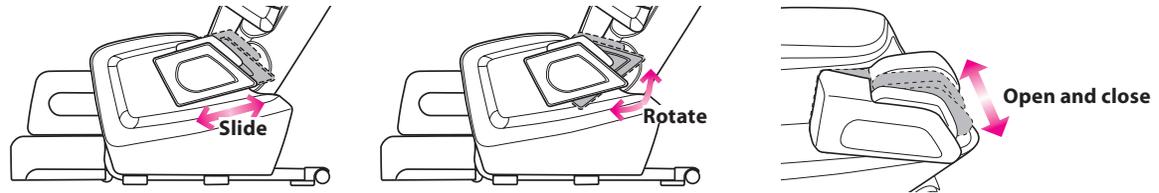
⚠ Caution

- Do not place anything other than legs and feet on the leg rest.

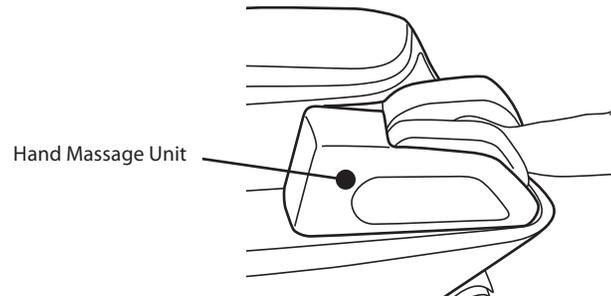
POSITION ADJUSTMENT

How to Use the Hand Massage Unit

The hand massage unit slides and rotates within a certain range.



Put your hand into the hand massage unit and relax while the massage is performed.

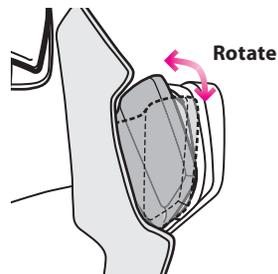


Caution

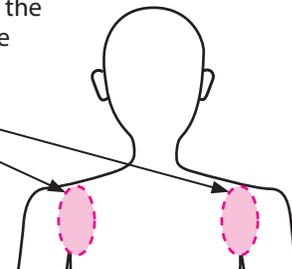
- Do not stand or sit on the armrest or hand massage unit. → May result in personal injury or damage.

How to Use the Shoulder Massage Unit

The shoulder massage unit rotates up and down within a certain range. Adjust the shoulder massage air bags to the positions shown in the figure on the right.



- Adjust the position of the massage unit air bags so that they contact the shoulder joint areas (between the neck and the shoulder).



Caution

- Do not swing from, climb on or sit on the shoulder massage unit. → May result in personal injury or damage.

AFTER USE

When the massage has ended and you have finished using the chair...

Raise the reclining seat back and fully lower the leg rest!

While making sure there is nothing in the surrounding area, return the reclining seat back to its upright position and lower the leg rest to its lowest position.

Set the main POWER switch to OFF!

Turn off the main POWER switch located at the back right of the chair.

Unplug the power cord!

Unplug the chair from the wall outlet.

Caution

- **Be sure to set the main POWER switch to OFF after every use and to unplug the chair from the wall outlet.**
→ Accident or injury may result if children or pets play with the product.
- **After using the chair, be sure to return the reclining seat back to the upright position and lower the leg rest to its lowest position.**
- **Wipe the product off after every use, and store it in a place free of excess humidity.**
- **Hold the power plug when unplugging from the wall outlet. Do not pull on the power cord.**
- **If the chair is left unused for a while, be sure to unplug it from the wall outlet.**

PROGRAMS & SELECTION

Massage Types

Manual Selection

You can combine your favorite massage types. You can also adjust the speed, intensity, and roller positions.

Preset Programs

The preset programs make it easy to select a program that suits your preferences or objectives.

Healthcare Programs

Messages for recovering from muscle fatigue, and programs that include stretch actions.

Full Body Program

This program is recommended for persons who feel symptoms such as lack of energy or fatigue.

Shoulder Program

This program is recommended for persons who have stiff shoulders and neck.

Lower Back Program

This program is recommended for persons who have lower-back tension, due to sports, stand-up work or similar reasons.

Stretch (Hi) Program

This program includes light stretch actions where the entire body is bent backward and twisted.

Stretch (Lo) Program

This program performs stretch actions that are softer than the stretch (strong) program.

Quick Programs

These programs are intended for refreshing yourself in a short period of time.

Full Body Program

This program is recommended for persons who want to refresh themselves in a short time.

Shoulder Program

This program gives a concentrated massage of the neck and shoulders in a short time.

Low Back Program

This program gives a concentrated massage of the lower back in a short time.

Wellbeing Programs

These programs relax and refresh.

Seat Program

This massage is focused on the lower half of the body, in particular the area around the pelvis and buttocks.

Swing Program

This program is recommended for persons who want to relax.

Senior Program

This program takes its time to give a slow and soft massage. It is a full-body massage program for persons who like a low-stimulation massage.

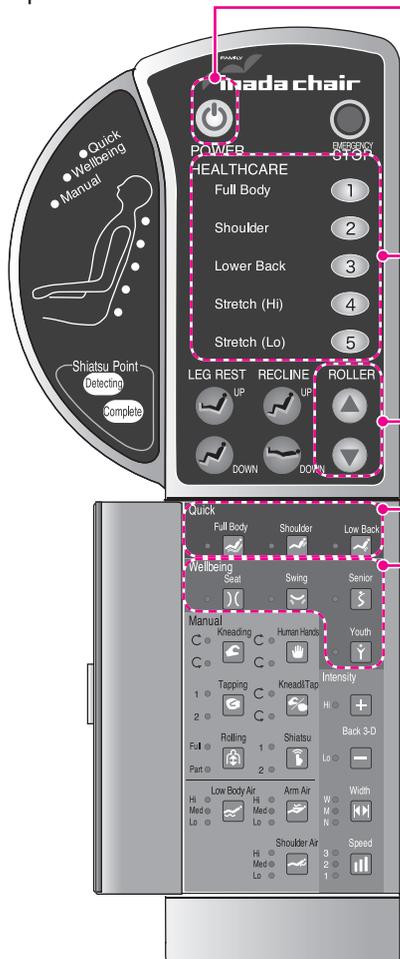
Youth Program

This is a low-stimulation massage that has a low impact on the body. It is suitable for relieving the muscle aches or fatigue of children aged 14 years or older, or for people who like a softer massage.

PRESET PROGRAMS

Preset Program Massages

- 12 automatic programs provide a variety of different massages to relieve fatigue.
- With the preset program buttons, you can choose your favorite program to give you a massage according to the preset menu.



1 Press the POWER button.
If no selection is made within 5 minutes, the power is automatically shut off.

2 Press the desired program button.
The reclining will start after a short time. (→See the table on P20)
Then, the shiatsu point locator indicator turns on and shiatsu point locating is performed.
[Note]
Sit as far back as possible in the chair and put your head against the headrest in a relaxed manner.
Shiatsu points cannot be accurately located if your body is raised.

3 The shoulder positions can be adjusted.
The ROLLER buttons flash and you can adjust the vertical position of the rollers. If no adjustment is required, do not use these buttons.

4 The program starts.
When shiatsu point locating is completed, the Complete light turns on and the program starts.
During operation, you can adjust conditions such as the roller push-out and the air intensity.

5 Program completed.
When the massage program finishes, the rollers return to their storage positions (upper part of the seat back). Then the power to the remote control is shut off. However, the reclining of the seat back and the up or down adjustment of the leg rest can still be operated.

Changing Courses

Before the course in progress finishes, you can change it to another course. After a total duration of 30 minutes, the course in progress stops even if not completed.

* It may take some time to change courses because the air bags for the BACK 3-D function must be deflated before changing the course.

Switching from One Preset Program in Progress to Another

When one preset program button is pressed while another preset program is in progress, the rollers return to their storage positions, then the selected program starts from the automatic shiatsu point location operation.

Switching from a Preset Program to Manual Selection Mode

When one of the buttons for manual selection mode located inside the panel of the remote control is pressed while a preset program is in progress, the preset program immediately stops, and the selected operation starts.
To select an air massage, press the POWER button to stop the preset program in progress before making the selection.

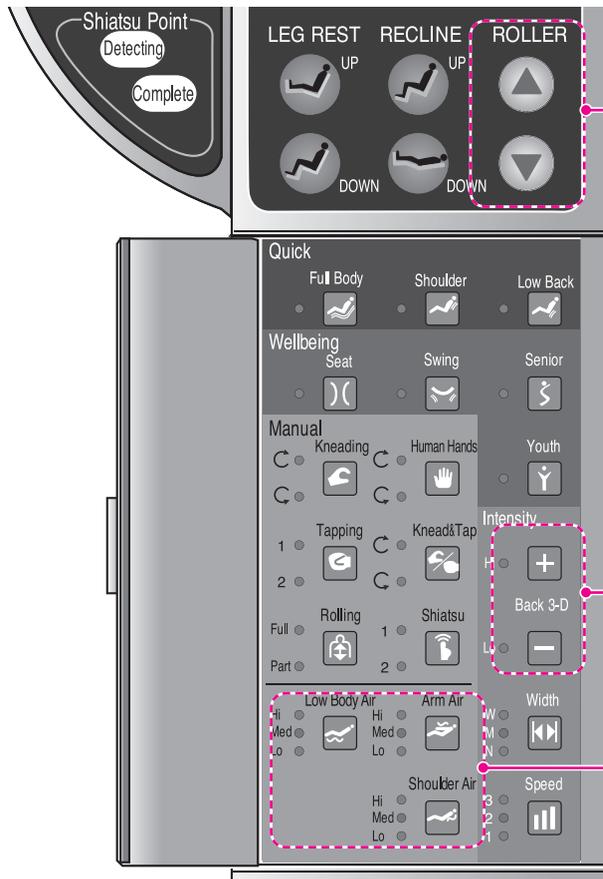
Stopping in the Middle of a Massage

To stop mid-massage, press the POWER button. The rollers will return to their storage positions and stop.
In an emergency or if there is some malfunction during the operation of the chair, press the EMERGENCY STOP button. The rollers will stop immediately.
After confirming safety, press the POWER button. The rollers will return to their storage positions and stop.

Caution

- If you feel the massage is too strong, reduce the stimulation according to this Operating Manual. If this solution does not work, stop using and contact the vendor.
→ May result in injury if you continue use with high stimulation under such circumstances.
- Do not place hands or feet into the roller tracks, into the space between the seat back and the seat or into the moving parts. Do not sit wearing hard objects, such as hair accessories, a necklace, watch, bracelet, or ring.
- If your leg or foot comes out of the leg rest during the massage, do not try to force it back in.

Various Adjustments



| Shoulder Position Adjustment | |
|------------------------------|---|
| Buttons and Indicators | Description |
| ROLLER ▲ ▼ | After the shiatsu points are located, the ROLLER buttons flash. The shoulder positions can be adjusted while the buttons flash. |
| ▲ | The rollers move up while this button is pressed. |
| ▼ | The rollers move down while this button is pressed. |

| Roller Push-Out Adjustment (Massage Intensity Adjustment) | |
|---|--|
| Buttons and Indicators | Description |
| Hi + Back 3-D Lo - | The intensity of a back massage can be continuously adjusted. The light turns on only while the button is pressed. |
| | The roller movement range is approx. 2.8 inch. You can adjust the roller push-out within this range. |
| + | Makes the rollers more intense. |
| - | Makes the rollers less intense. |

Air Massage Intensity Adjustment and Cancellation

| Buttons and Indicators | Description |
|--|--|
| Low Body Air: Hi, Med, Lo Arm Air: Hi, Med, Lo Shoulder Air: Hi, Med, Lo | The intensity of air massage in the preset programs can be adjusted for each area, or the air massage can be canceled. Note that adjustment and cancelation cannot be performed for areas in which there is no air massage operation under the selected program. (→ See the table below) |
| Air Massage Intensity Adjustment and Cancelation | |
| Each time a button is pressed, the intensity changes in the order of Low, Medium, High and Off. (The default setting when the program starts is Medium.) | |

Program Operations and Adjustments

○: Operates (can be adjusted) △: Does not operate (can be adjusted) ×: Does not operate (cannot be adjusted)

| | | Shoulder Position Adjustment | Back 3-D | Shoulder Air | Arm Air | Low Body Air | Auto Reclining | |
|------------|--------------|------------------------------|----------|--------------|---------|--------------|----------------|------------------|
| | | | | | | | At Start* | During Operation |
| HEALTHCARE | Full Body | ○ | ○ | ○ | ○ | ○ | ○ | △ |
| | Shoulder | ○ | ○ | ○ | ○ | ○ | ○ | △ |
| | Lower Back | ○ | ○ | ○ | ○ | ○ | ○ | △ |
| | Stretch (Hi) | ○ | ○ | ○ | × | ○ | ○ | ○ |
| | Stretch (Lo) | ○ | ○ | ○ | × | ○ | ○ | ○ |
| Quick | Full Body | ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| | Shoulder | ○ | ○ | ○ | ○ | ○ | ○ | △ |
| | Low Back | ○ | ○ | ○ | ○ | ○ | ○ | △ |
| Wellbeing | Seat | ○ | ○ | × | × | ○ | ○ | △ |
| | Swing | × | × | × | × | ○ | ○ | △ |
| | Senior | ○ | ○ | ○ | ○ | ○ | ○ | △ |
| | Youth | ○ | △ | ○ | × | ○ | ○ | △ |

* If the seat back is reclined, even if only slightly, the seat back may not move automatically at the start of the operation.

⚠ Caution

- Keep massage sessions to no more than 15 minutes in length. Do not exceed five minutes for area specific massage of any particular part of the body.
 - Continuous use for extended periods of time can result in over-stimulation, which could cause the opposite of the desired effect, or even injury. The total amount of time for a daily massage should be limited to about 30 minutes keeping appropriate intervals between each massage session.

MANUAL SELECTION

Description of Manual Selection Operations

You can combine massaging actions of your choice from among menus ① to ③.

- A circle in the adjustment column means that the particular adjustment can be made in the course of that massage action.
- The width cannot be adjusted if an action for which width adjustment is not available is combined with rolling.

① Basic Operations

| Operation | Button | Action | Indication | Forward/Reverse | Speed Adjustment | Width Adjustment | Up/Down Adjustment | Intensity Adjustment |
|-------------|--------|---|----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| Kneading | | This performs a kneading type of massage. Each time the button is pressed, forward direction, reverse direction, or stop can be selected. | | <input type="radio"/> | <input type="radio"/> | — | <input type="radio"/> | <input type="radio"/> |
| Human Hands | | This performs a complex massage mimicking the touch of human hands. Each time the button is pressed, forward direction, reverse direction, or stop can be selected. | | <input type="radio"/> | — | — | <input type="radio"/> | <input type="radio"/> |
| Tapping | | This performs a tapping type of massage. Each time the button is pressed, Tapping 1, Tapping 2, or stop can be selected. | Tapping 1 | — | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | Tapping 2 | — | — | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| Knead & Tap | | Kneading and tapping are simultaneously performed. Each time the button is pressed, forward direction, reverse direction, or stop can be selected. | | <input type="radio"/> | <input type="radio"/> | — | <input type="radio"/> | <input type="radio"/> |
| Shiatsu | | This repeatedly performs a rhythmical shiatsu massage. Each time the button is pressed, Shiatsu 1, Shiatsu 2, or stop can be selected. | Shiatsu 1 | — | — | <input type="radio"/> | <input type="radio"/> | <input type="radio"/> |
| | | | Shiatsu 2 | — | — | — | <input type="radio"/> | <input type="radio"/> |

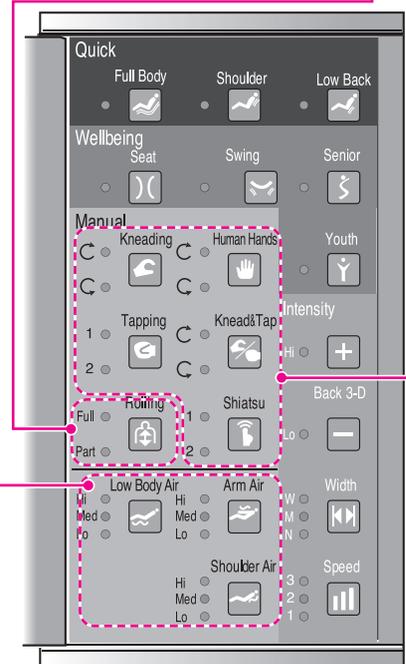
② Rolling

Shiatsu point locating is performed.

| Operation | Button | Action | Indication | Width Adjustment | Up/Down Adjustment | Intensity Adjustment |
|-----------|--------|---|-------------------------|-----------------------|--|-----------------------|
| Rolling | | This performs the full or partial stretching of the spine using only up and down roller movements. Each time the button is pressed, full rolling, partial rolling, or stop can be selected. | Full Rolling | <input type="radio"/> | (Changes between upward and downward movement) | <input type="radio"/> |
| | | | Part Rolling | <input type="radio"/> | (Adjusts the center position) | <input type="radio"/> |

③ Air Massage

| Operation | Button | Action | Indication | Intensity Adjustment |
|------------------|--------|-----------------------------------|------------|-----------------------|
| Shoulder Massage | | Air massage to the shoulders. | | <input type="radio"/> |
| Hand | | Air massage to the hands. | | <input type="radio"/> |
| Legs and Seat | | Air massage to the legs and seat. | | <input type="radio"/> |





- 1 Press the POWER button.**
If no selection is made within 5 minutes, the power is automatically shut off.
- 2 Press the desired button.**
Select a basic operation + rolling + air massage.
- 3 The shoulder positions can be adjusted.**
(When rolling is selected)
With the ROLLER buttons, the vertical position of the rollers can be adjusted. If no adjustment is required, do not use these buttons.
- 4 The massage starts.**
During operation, you can adjust conditions such as the roller push-out and the air intensity.
- 5 Program completed.**
When the massage program finishes, the rollers return to their storage positions (upper part of the seat back). Then the power to the remote control is shut off. However, the reclining of the seat back and the up or down adjustment of the leg rest can still be operated.

[MANUAL SELECTION]

Changing Courses

Switching from Manual Selection Mode to a Preset Program

When one of the preset program buttons is pressed during manual selection mode, the rollers return to their storage positions, then the selected preset program starts from the automatic shiatsu point location operation. After a total duration of 30 minutes, the course in progress stops even if not completed.

* It may take some time to change courses because the air bags for the BACK 3-D function must be deflated before changing the course.

Stopping in the Middle of a Massage

To stop mid-massage, press the POWER button. The rollers will return to their storage positions and stop. In an emergency, or if there is any sudden malfunction, push the EMERGENCY STOP button to make the chair stop immediately. After confirming safety, press the POWER button. The rollers will return to their storage positions and stop.

⚠ Caution

- If you feel the massage is too strong, reduce the stimulation according to this Operating Manual. If this solution does not work, stop using and contact the vendor.
→ May result in injury if you continue use with high stimulation under such circumstances.
- Do not place hands or feet into the roller tracks, into the space between the seat back and the seat or into the moving parts. Do not sit wearing hard objects, such as hair accessories, a necklace, watch, bracelet, or ring.
- If your leg or foot comes out of the leg rest during the massage, do not try to force it back in.

MANUAL SELECTION

Various Selections

| Forward/Reverse Selection | | |
|---------------------------------|---------------------------------|---------------------------------|
| Press the button. (1st time) | Press the button. (2nd time) | Press the button. (3rd time) |
| Kneading | Kneading | Kneading |
| Kneading starts Forward | Kneading changes Reverse | Kneading stops |

During Kneading, Human Hands, and Knead & Tap, each time the button is pressed, **forward direction, reverse direction, or stop** can be selected. (Kneading is shown in the example above)

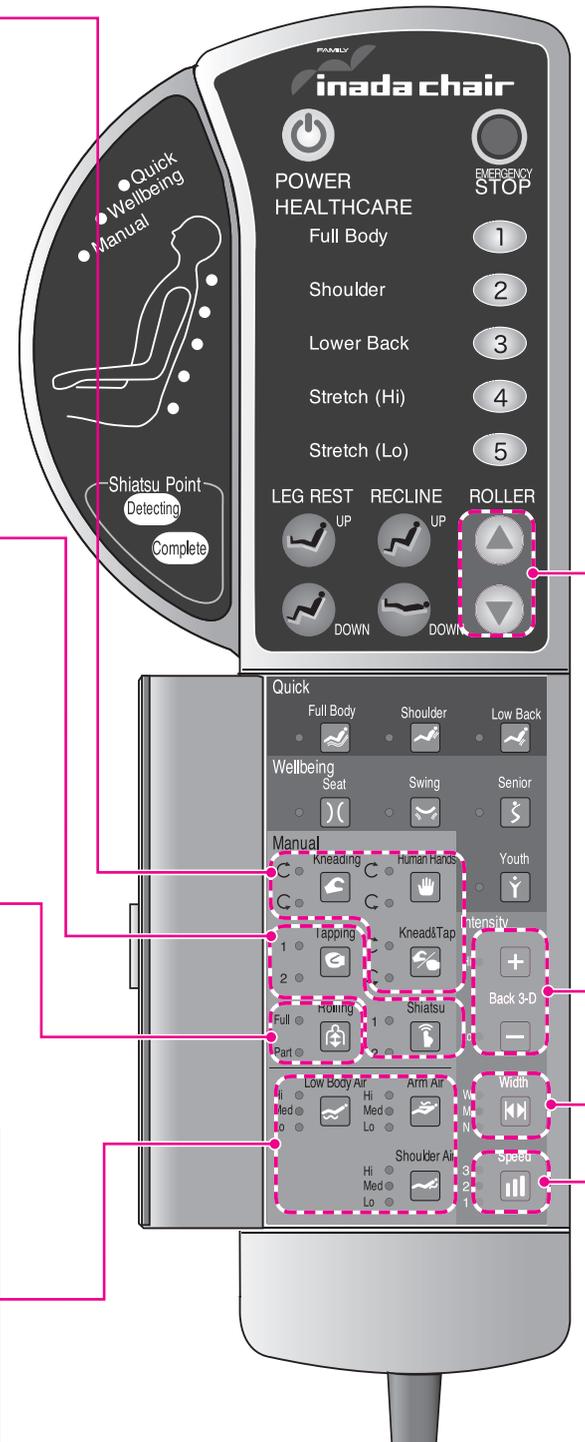
| Tapping 1/2, Shiatsu 1/2 Selection | | |
|------------------------------------|---------------------------------|---------------------------------|
| Press the button. (1st time) | Press the button. (2nd time) | Press the button. (3rd time) |
| Tapping 1 ● 2 ○ | Tapping 1 ○ 2 ● | Tapping 1 ○ 2 ○ |
| Tapping 1 Action starts | Tapping 2 Action changes | Tapping stops |

During Tapping 1/2 and Shiatsu 1/2, each time the button is pressed, **Tapping 1 (Shiatsu 1), Tapping 2 (Shiatsu 2), or stop** can be selected. (Tapping is shown in the example above)

| Full/Part Rolling Selection | | |
|---|---------------------------------|---------------------------------|
| Press the button. (1st time) | Press the button. (2nd time) | Press the button. (3rd time) |
| Rolling Full ● Part ○ | Rolling Full ○ Part ● | Rolling Full ○ Part ○ |
| Full Rolling starts (Locates shiatsu points the first time only.) | Changes to Part Rolling | Rolling stops |

* If you want to locate the shiatsu points again, use the POWER button to turn the power on and off, and then press a ROLLER button.

| Air Massage Selection | |
|------------------------|---|
| Buttons and Indicators | Description |
| | Air massage can be operated separately in each area. Air Selection Press the button for the area that you want to massage. Air Intensity Adjustment Each time a button is pressed, the air intensity changes in the order of Low, Medium, High and Off. |



Various Adjustments

| Roller Position Adjustment | | | | | | | | | |
|---|---|---|---|---|--|---|---|---|---|
| Buttons and Indicators | Description | | | | | | | | |
|  | <ul style="list-style-type: none"> When full rolling is selected: Changes between up and down <table border="1"> <tr> <td>▲</td> <td>When pressed during a down movement, changes to up.</td> </tr> <tr> <td>▼</td> <td>When pressed during an up movement, changes to down.</td> </tr> </table> When partial rolling is selected: The center position of the range of partial rolling can be adjusted. When rolling is not selected: The roller position can be adjusted to the area that you want to massage. <table border="1"> <tr> <td>▲</td> <td>The rollers move up while this button is pressed.</td> </tr> <tr> <td>▼</td> <td>The rollers move down while this button is pressed.</td> </tr> </table> <p>The position at which you release the button becomes the center of the operation.</p> | ▲ | When pressed during a down movement, changes to up. | ▼ | When pressed during an up movement, changes to down. | ▲ | The rollers move up while this button is pressed. | ▼ | The rollers move down while this button is pressed. |
| | ▲ | When pressed during a down movement, changes to up. | | | | | | | |
| ▼ | When pressed during an up movement, changes to down. | | | | | | | | |
| ▲ | The rollers move up while this button is pressed. | | | | | | | | |
| ▼ | The rollers move down while this button is pressed. | | | | | | | | |
| | <ul style="list-style-type: none"> When up (or down) is selected when the roller is already at the highest (or lowest) position, a warning alarm sounds. <p>Caution! If neither a basic operation nor rolling has been selected, there will be no operation even if you press a ROLLER button.</p> | | | | | | | | |

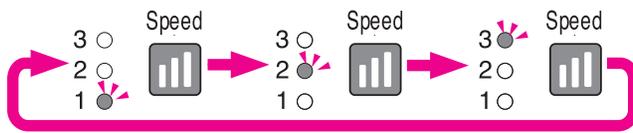
Roller Push-Out Adjustment
(Massage Intensity Adjustment)
See P20

Width Adjustment



During Tapping 1, Tapping 2, Shiatsu 1, Full Rolling and Part Rolling, the width of the rollers can be adjusted in 3 steps (narrow, medium and wide).

Speed Adjustment



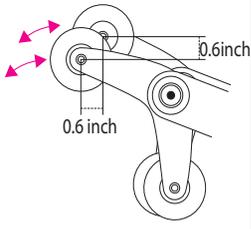
During Kneading, Knead & Tap, and Tapping 1, the speed of action can be adjusted in 3 steps.

Caution

- Keep massage sessions to no more than 15 minutes in length. Do not exceed five minutes for area specific massage of any particular part of the body.
→ Continuous use for extended periods of time can result in over-stimulation, which could cause the opposite of the desired effect, or even injury. The total amount of time for a daily massage should be limited to about 30 minutes keeping appropriate intervals between each massage session.

TROUBLESHOOTING

If there is still a problem after trying the solutions given in this troubleshooting guide, stop using the product immediately so as to prevent accident or injury and unplug the product from the wall outlet. Contact the vendor for assistance.

| Problem | Cause & Solution | |
|---|--|--|
| The right and left rollers are out of alignment. | <p>The rollers are designed with an alternating tapping mechanism, so in the stopped position they are sometimes out of line. This is part of their design and there is nothing wrong with the chair.</p>  | This is part of the design and is not a malfunction. |
| If I try to raise or lower the reclining seat back or leg rest during air massage, the air massage stops. | For safety reasons, the air pressure massage is designed to stop if the reclining seat back is adjusted or the leg rest is raised or lowered. → See P13, 14 | |
| The rollers moved up to the top and then stopped. | The auto timer will cause the rollers to move up to the top of the chair when the massage time is finished, so as not to interfere with your movements when getting out of the chair. | |
| Air massage stops if the [+] button of the BACK 3-D is pressed. | This is a normal part of the chair's operation and is not a malfunction. | |
| The rollers stop during the massage. | Sometimes when there is too much pressure to the rollers, they can stop moving temporarily. Slightly lift your body or slightly raise the reclining seat back. (Be especially careful when a person who weighs 220 lb or more uses this chair.) | If there is still a problem after the check, stop using the product immediately. |
| The POWER button of the remote control and the program button flash. | Set the main POWER switch located at the back right of the chair to OFF then back ON after about 5 seconds. → See P10 | |
| The automatic shiatsu point locator function is not working properly. (The height of the rollers does not fit the shoulders.) | Sit further back in the chair so that your head rests firmly on the headrest. Or, you can adjust the shoulder position with the ROLLER buttons immediately after the shiatsu points are located. → See P20 | |
| Remote control buttons do not seem to be operating normally. Or the power does not turn on. | <p>Check for the following:</p> <ol style="list-style-type: none"> (1) Is the power cord fully plugged into the wall outlet? → See P10 (2) Is the power switch located on the right side of the chair set to ON? → See P10 (3) Are you pressing two buttons at the same time? | |
| The power cord or plug is abnormally hot. | Stop using immediately. | |

contact the vendor for assistance

Anyone other than an authorized service person must not repair or disassemble.

Noise during chair operation

These noises are a normal part of the chair's operation and do not affect its performance in any way.

The following noises are made during operation.

- | |
|---|
| Noises during tapping |
| Sound of the rollers rubbing against the seat cover during kneading |
| Sound of the rollers returning from the highest or lowest position |
| Sound of the air massage cushions |
| Sound of the air pump |
| Sound of air discharge and intake |
| Sound of raising and lowering the reclining seat back and leg rests |

REGULAR MAINTENANCE FOR SAFETY

Regular Maintenance Will Preserve the Life of Your Chair

Have you experienced any of these problems?

- The chair does not start with the main POWER switch set to ON.
- The power cord has been cracked or scratched.
- The power cord or plug becomes abnormally hot.
- The chair produces a burnt smell, abnormal sound or vibration.
- The auto timer function does not work in some cases.
- Other failures.

If you find anything listed above, stop using and unplug the power cord from the outlet to prevent failure or accident. Be sure to contact with the vendor where you purchased for maintenance.

To Use Safely

Fabric of the chair (roller fabric) is consumable, and its service life is 3 years (conditions of use: two 15-minute sessions a day, every day).

For safe use, periodic inspection by the vendor is recommended before the end of service life.

* Durable years vary depending on conditions of use.

* After about five years of use, a professional inspection is recommended even if there are no symptoms or problems.

For inspection fees, contact the vendor.

[REGULAR MAINTENANCE FOR SAFETY]

FAQ

Q Can I put the chair onto an electric carpet?

A Do not place the chair onto an electric carpet because it could cause a fire.

The chair is very heavy, so it could damage the heat generating parts of the electric carpet and start a fire. → See P7

Q Can I put the chair onto a wooden floor or a heated floor?

A Yes.

However, because the chair could damage the floor surface, we recommend laying a carpet or something similar under the chair. (Same applies to other floor surfaces) → See P7

Q Can I choose whether to install the remote control holder on the left or right side?

A Yes.

Magnets are used to attach the remote control holder. You can change the position to the left or right as you like. → See P11

Q Can I use the chair while the foot Shiatsu Sheet and pad are removed?

A Yes.

You can decide whether or not to use the foot Shiatsu Sheet and pad. → See P12

Q Can I use the chair while the shoulder units are removed?

A No.

Although for structural reasons they can be removed and reattached, if massage is performed while the units are removed, it will result in air leaks and affect the other air massage areas.

Q How do I make the massage deeper?

A Perform the following:

- Press the [+] button of the BACK 3-D, to intensify the pushing out of the rollers. → See P20
- Sit back further in the chair so that your weight is against the reclining seat back.
- Lower the reclining seat back. → See P13
- Remove the buffer pad from behind the back pad.
(When installed) → See P12

With the methods above, you can intensify the massage stimulation.

Q How do I make the massage lighter?

A Perform the following:

- Press the [-] button of the BACK 3-D, to lighten the pushing out of the rollers. → See P20
- Raise the reclining seat back. → See P13
- Insert the thin or thick buffer pad behind the back pad. → See P12

With the methods above, you can lighten the massage stimulation.

Q Can I use both buffer pads at the same time?

A Do not use both pads at the same time.

Using both buffer pads at the same time may injure your body. → See P12

Q Does the reclining seat back move automatically during a massage or after a program has finished?

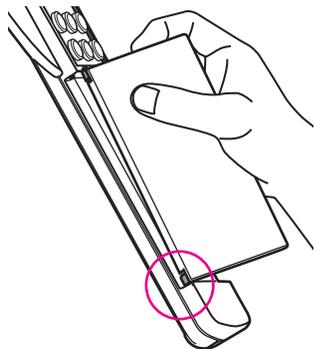
A The reclining seat back does not move automatically after a program has finished.

However, depending on the selected program, the reclining seat back may move automatically while a program is in progress. → See P20

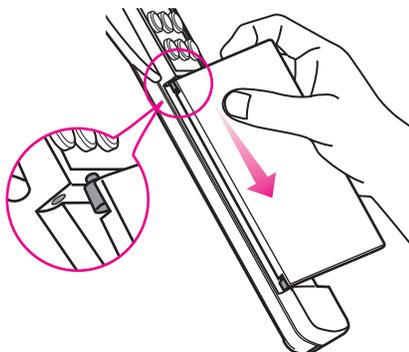
Q The remote control panel has come off. Can I fix it?

A Reattach with the following procedure.

❶ Hold the remote control as illustrated, and insert the projection on the bottom left of the remote control panel into the hole on the remote control.



❷ Lightly push the panel in the direction of the arrow and insert the projection on the top left of the remote control panel into the hole on the remote control.



* You may damage the remote control panel if you open it too much. If you damage the panel, contact the vendor.

Q I spilled water on the chair. What should I do?

A There is a danger of an electric shock. Immediately stop using the chair and perform the following.

- Set the main POWER switch located at the back right of the chair to OFF.
- Unplug the chair from the wall outlet.
After performing the above, contact the vendor for assistance.

CARE AND STORAGE

Storage

- After wiping off any dust or dirt, store the product in a place that is relatively dry.
- If the chair is left unused for a while, put a cover on it that will protect it from dust and dirt.
- Pets can sometimes chew on power cords, so try to keep pets away from the product even when it is being stored.

⚠ Caution ● Do not install the product where it can come into contact with direct heat, such as direct sunlight or a radiator.

Care and Maintenance

⚠ Caution ● When cleaning or caring for the product, make sure to unplug the product from the wall outlet first. Do not plug or unplug the power cord with wet hands.

Caring for the Back Pad and Covers

Soak a piece of soft cloth in lukewarm water in which a small amount of mild detergent has been added. Then thoroughly wring it out before cleaning off any spots or grime.

⚠ Caution ● The fabric color can change if the product is in contact with vinyl covers or some wall coverings for a prolonged period of time.

Caring for the Remote Control

Wipe dirt off the remote control with a dry cloth.

- Never use a moistened or wet cloth. → May result in mechanical failure.

Caring for Other Plastic Parts

Soak a piece of soft cloth in lukewarm water in which a small amount of mild detergent has been added, thoroughly wring it out, and clean off any spots or grime. Then wipe with a dry cloth so that no detergent residue remains.

- Do not use alcohol based or other household cleaning products or abrasives because they can scratch or crack the finish and/or cause color to fade.

CUSTOMER SERVICE AND WARRANTY

1. Warranty

Please read the contents carefully and keep it in a safe place. Please complete and mail in the warranty card that was included with your chair.

If the chair is to be used outside the home (in a commercial setting, for example), fees will be charged for repairs.

2. Repairs & Service

Before calling for repairs or service, use the Troubleshooting guide on pages 25-26 to see if the problem can be solved easily.

If the problem persists, contact the vendor for assistance. Have the following information ready.

- 1) Your name, address, and phone number
- 2) Product name and model number (see back cover)
- 3) Serial No. (see the Serial No. label on the control box of the chair)
- 4) Date of purchase
- 5) Trouble status
- 6) Proof of purchase

● If the warranty is valid:

A service charge may apply, subject to the nature of the trouble and/or repair according to the terms of the warranty. See the warranty for full details.

● If the warranty has expired:

See the back of this booklet and contact our technical service department.

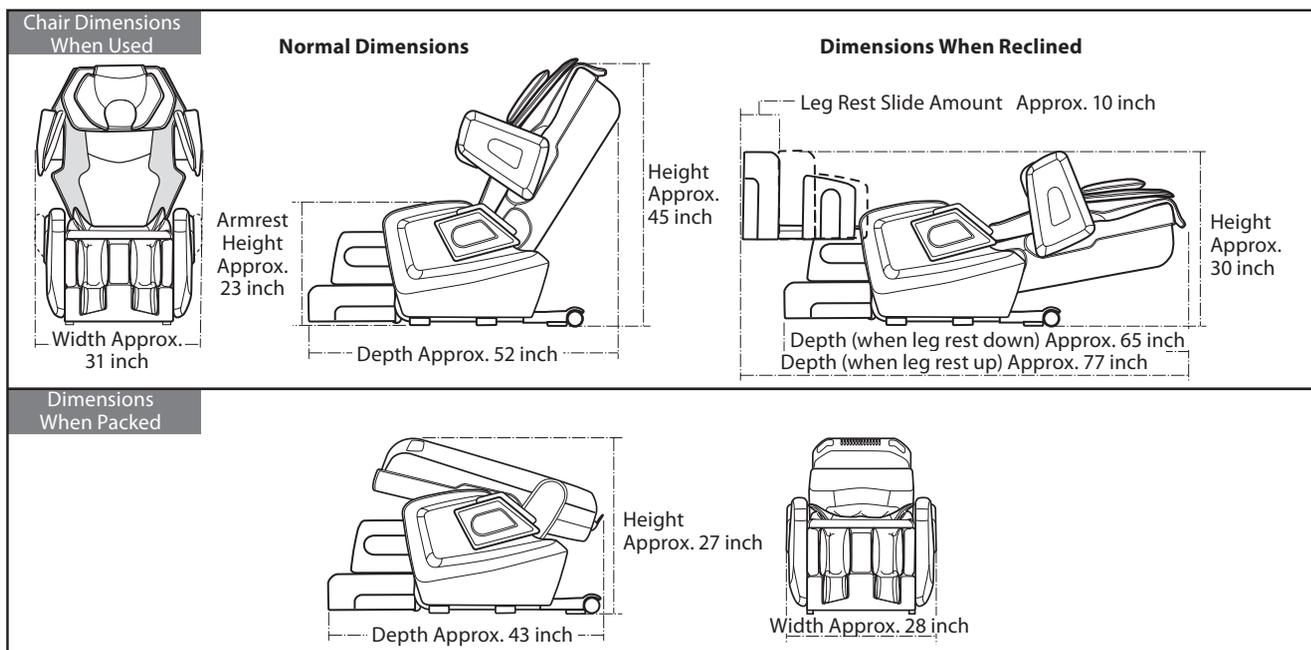
If the product can be repaired, we will give you an estimate of the cost to repair the product.

● Replacement parts stock:

We will stock service parts (except fabric) of this product for at least six years after terminating the production of this model. Service parts refer to those necessary for maintaining the intended performance of the product.

● For more information on service:

Please see the back page of this booklet.



[SPECIFICATIONS]

SPECIFICATIONS

| | | |
|----------------------------------|--|---|
| Name & Model Number | Inada Chair AAA HCP-9101A | |
| Power Supply | AC 120 V | |
| Power Consumption | 140 W | |
| Power Frequency | 60 Hz | |
| Rated Time | 30 minutes | |
| Upper Body | Kneading Speed | 3 levels, from minimum 10 times/minute to maximum 32 times/minute (approx.) |
| | Tapping Speed | 3 levels, from minimum 180 times/minute to maximum 500 times/minute (approx.) |
| | Roller Width | 3 steps (narrow, medium and wide) |
| | Up/Down Speed | One full cycle in approx. 30 seconds (approx. 1.6 inch/sec) |
| | Back Stroke Range | Approx. 28 inch (in partial roller massage: approx. 5.9 inch) |
| Preset Programs | 5 Healthcare Programs, 3 Quick Programs, 4 Wellbeing Programs | |
| Manual Selection | 15 types (automatic shiatsu point locator function included in some programs) | |
| Air Pressure | Approx. 37 kPa | |
| Auto Timer | Approx. 15 minutes (preset programs vary in duration.) | |
| Leg Rest Adjustment Range | Approx. 9.8 inch | |
| Reclining Angle | Approx. 120° - 170° from floor level, continuous motion (Automatic reclining) | |
| Chair Dimensions | Approx. 31×52 (77)×45 (30) inch (W/D/H) The depth and height figures in () represent the dimensions when fully reclined and with the leg rest flat | |
| Weight | Approx. 199 lb | |
| Outer Covering | Synthetic leather (antibacterial) | |
| Supplied Items | Power cord, headrest (large), headrest (small), buffer pad (thick)/(thin), Shiatsu Sheet x 2, Shiatsu Pad A/B x 2 each, remote control holder | |

Technical Assistance

For technical assistance in the USA and Canada, you can reach us by calling our toll free number: 888.769.0555. The direct dial number is 303.317.4356.

We welcome comments and feedback about your buying experience and your experience in your INADA chair. We invite you to email us at info@inadausa.com.

We hope you enjoy your new, world-class massage experience!

Manufactured by FAMILY CO., LTD.

Made in JAPAN

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