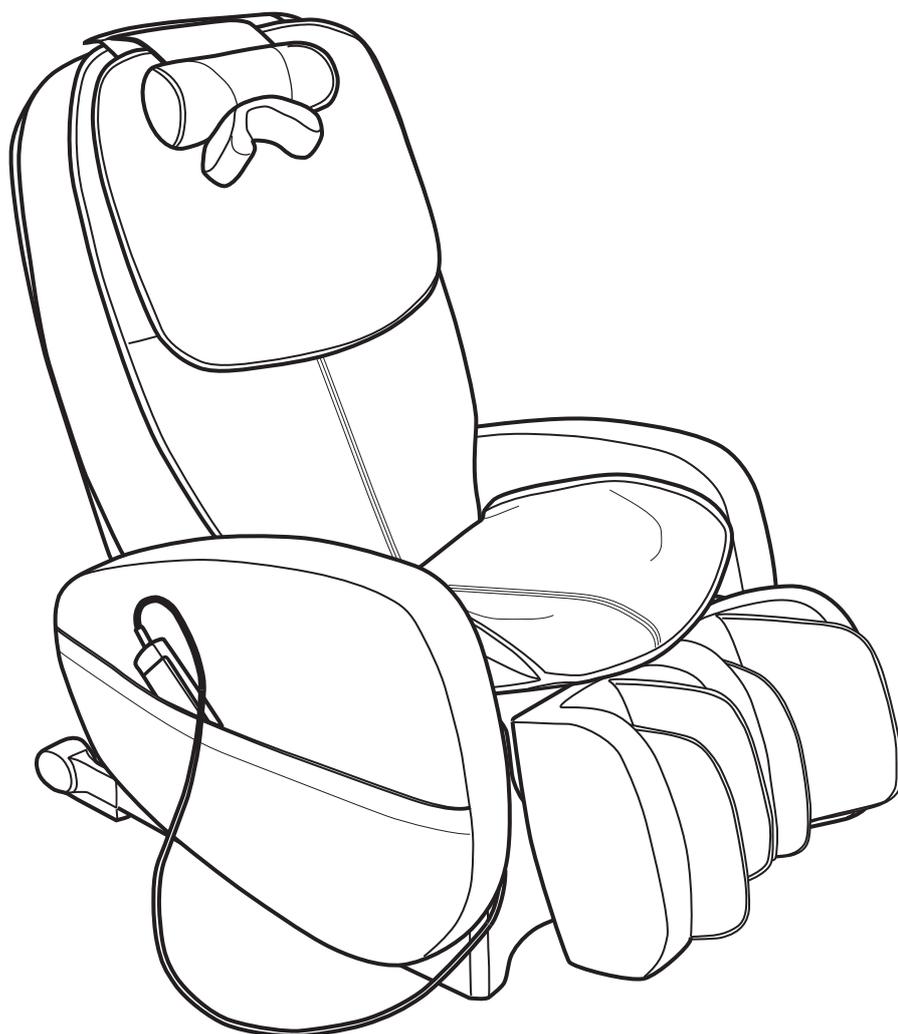


FAMILY

# inada chair X.1

Thank you for purchasing the Inada Chair X.1.  
You can enjoy various types of massage for relieving or soothing fatigue.  
We hope the Inada Chair X.1 will be a valued partner in your daily health preservation for many years to come.



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Operating Manual

Warranty card provided separately

- Please read this Operating Manual before use.
- Keep this Operating Manual nearby so that you can refer to it anytime.
- This product is designed for home use.

# SAFETY PRECAUTIONS

Be sure that you have read these SAFETY PRECAUTIONS thoroughly before using your Inada Chair X.1 for the first time. The Operating Manual contains important information about how to use the chair safely and correctly, avoiding possible damage to property or injury to persons using the chair and others. First of all, you should understand well the meaning of the indications and symbols described below, which are used throughout the Operating Manual to highlight important safety instructions. Please adhere to all precautions. Descriptions of each chair component can be found on pages 5-6.

## Types of Indications

	<b>Warning</b>	This action could result in serious injury or death.
	<b>Caution</b>	This action could result in personal injury or damage to property.

## Types of Symbols and Description

		Prohibited (The symbol on the left means "Do not disassemble.")
		Required Action (The symbol on the left means "Unplug the chair.")

**Remember to keep this Operating Manual in an easily accessible place.**

## Safety Precautions: Installation

		<b>Caution</b>
	<ul style="list-style-type: none"> <li>Do not install the chair in an area of high humidity, such as a bathroom or sauna. → Could result in electric shock or damage to the chair.</li> </ul>	<ul style="list-style-type: none"> <li>Install on a flat, level surface only. → Chair could tip over accidentally if placed on an uneven surface.</li> </ul>

## Safety Precautions: Before Use

		<b>Warning</b>
	<ul style="list-style-type: none"> <li><b>Space Requirements</b> This product must be grounded. If it should malfunction or breakdown, grounding provides a path of least resistance for electric current in order to reduce the risk of electric shock. This product is equipped with a cord having an equipment-grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances. <ul style="list-style-type: none"> <li>Improper connection of the equipment-grounding conductor can result in the risk of electric shock. Check with a qualified electrician or serviceman if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the product if it will not fit the outlet; have a proper outlet installed by a qualified electrician. This product is for use on a nominal AC 220-240 V circuit and has a grounding plug that looks like the plug illustrated in the figure to the right. Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.</li> </ul> </li> </ul>	
	<ul style="list-style-type: none"> <li>Always unplug this appliance from the electrical outlet immediately after using and before cleaning.</li> </ul>	

		<b>Caution</b>
	<ul style="list-style-type: none"> <li>Do not operate under blanket or pillow. Excessive heating can occur and cause fire, electric shock, or injury to persons.</li> <li>Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.</li> <li>Never operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return the appliance to a service center for examination and repair.</li> <li>Do not carry this appliance by supply cord or use cord as a handle.</li> <li>Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.</li> <li>Never drop or insert any object into any opening.</li> <li>Do not use outdoors.</li> <li>Do not operate where aerosol (spray) products are being used or where oxygen is being administered.</li> <li>Children should be supervised to ensure that they do not play with the appliance.</li> </ul>	
	<ul style="list-style-type: none"> <li>An appliance should never be left unattended when plugged in. Unplug from outlet when not in use, and before putting on or taking off parts.</li> <li>Close supervision is necessary when this appliance is used by, on, or near children, invalids, or disabled persons.</li> <li>Keep the cord away from heated surfaces.</li> <li>To disconnect, turn all controls to the off position, then remove plug from outlet.</li> <li>Keep children away from extended foot support (or other similar parts).</li> <li>Connect this appliance to a properly grounded outlet only. See Grounding Instructions.</li> <li>This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.</li> </ul>	
	<ul style="list-style-type: none"> <li>The following persons must not use this massage chair: <ul style="list-style-type: none"> <li>Persons who have been instructed by a doctor to avoid massage therapy. Ex. Thrombosis, severe aneurism, acute varicosity, or dermatitis and/or skin infection including inflammation of the hypodermis.</li> <li>Persons with suspected acute neck sprain (whiplash injury)</li> </ul> </li> </ul>	
	<ul style="list-style-type: none"> <li>Persons with any of the following conditions should seek medical advice before using the chair: <ul style="list-style-type: none"> <li>Serious heart conditions</li> <li>Sensory impairment caused by serious peripheral circulatory disorders due to diabetes and other diseases</li> <li>Osteoporosis, spinal fractures, acute pain and/or symptoms thereof</li> <li>Persons being treated for personal injuries</li> <li>High fever (38°C (100°F) or higher) Ex. Strong acute inflammation symptoms (fatigue, chills, blood pressure fluctuation) or debilitated</li> <li>Persons in the early stages of pregnancy, or immediately after giving birth</li> <li>Persons who have electronic medical device(s) easily susceptible to electromagnetic interference Ex. pacemaker</li> <li>Abnormal or curved spine</li> <li>Persons planning to use the chair for treatment or for rehabilitation purposes</li> <li>Persons with malignant tumor(s)</li> <li>Persons under bed rest orders</li> <li>Persons with acute gastro-intestinal complaints or ailments such as gastritis, enteritis, or hepatitis</li> <li>Persons under a doctor's care, or those experiencing unusual physical discomfort</li> <li>Joint dysfunction due to rheumatism, gout, or other diseases</li> <li>Persons with symptoms such as qualm, dizziness, or tinnitus</li> <li>Inflammation due to sprain or torn muscle</li> <li>Persons with thecitis or suspected thecitis</li> </ul> </li> <li>Elderly people and persons with weak bones should seek medical advice before using the chair, even if they do not have a specific disease.</li> <li>If your condition does not improve after use, consult a doctor or specialist.</li> </ul>	

## Safety Precautions: Before Use

 <b>Caution</b>	
 Prohibited	<ul style="list-style-type: none"> <li>● <b>Do not use the chair with any power source other than AC 220-240 V.</b> → May result in fire or electric shock.</li> <li>● <b>Do not use with any type of transformer device.</b> → May result in damage to the chair or electric shock.</li> <li>● <b>Do not use the chair, if the power cord or plug is damaged, or if the wall outlet connection is loose.</b> → May result in electric shock, short circuit, or combustion.</li> <li>● <b>Before each use, check for holes or tears in the chair covering. Also, check the other parts for tearing. Stop using the chair immediately if you find even the smallest tear. Unplug the chair and contact the vendor for assistance.</b> → Using the chair with holes or tears in the covering could result in injury or electric shock.</li> </ul>
 Required Action	<ul style="list-style-type: none"> <li>● <b>Before plugging the power cord into the wall outlet, make sure that the main POWER switch is set to OFF.</b> → May result in damage to the chair or electric shock.</li> <li>● <b>Make sure that the plugs on the power cord are inserted fully into the cord connector and the wall outlet.</b> → May result in electric shock, short circuit, or combustion.</li> <li>● <b>Before using the chair for the first time, turn on all the switches in order as indicated in this Operating Manual to check that the chair is operating properly.</b></li> <li>● <b>Before using, raise the reclining seat to its fully upright position. Then recline the seat back slowly to the most comfortable position, remembering to start off with a lighter massage.</b> → Starting with a deep massage may hurt a user. Elderly people and persons with weak bones should be especially careful when selecting massage intensity.</li> <li>● <b>For safety, sit down in the chair slowly without turning or twisting the body to ensure that the spinal rollers are placed at either side of the spine.</b></li> <li>● <b>Do not sit, stand, or lean on the leg rest unless you are sitting in or getting up from the chair.</b> → Personal injury or damage to the chair may result if the chair tips over.</li> <li>● <b>If you use the chair after it has not been used for a long time, read this Operating Manual again thoroughly and check if the chair operates properly.</b></li> </ul>
 Prohibited	<ul style="list-style-type: none"> <li>● <b>Do not use the chair in any way not prescribed by the Operating Manual. Do not use the chair together with any other therapeutic device or with an electric blanket.</b> → May result in injury or have a negative effect on health.</li> <li>● <b>Do not move the chair while someone is in it.</b> → Accident or injury may result if the chair tips over.</li> <li>● <b>Do not sit down on the chair with the leg rest raised.</b> → Any sudden, heavy weight on the leg rest could cause damage to the mechanism. Also, accident or injury may result if the chair tips over.</li> <li>● <b>Do not use with anything other than the accessories supplied with this product.</b></li> </ul>

## Safety Precautions: During Use

 <b>Warning</b>	
 Prohibited	<ul style="list-style-type: none"> <li>● <b>Do not wrap the power cord or the remote control cord around the Chair, or place the chair on top of either cord. Do not scratch, tear, treat, unduly twist, stretch or bend the power cord or the remote control cord.</b> → The cords may be damaged, resulting in fire or electric shock.</li> <li>● <b>Do not spill water and/or other liquids on the chair or remote control.</b> → May result in electric shock, short circuit, or combustion.</li> <li>● <b>Children and those who are unable to express their intentions should not use the chair. It is advisable to keep children and pets off the chair and away from the surrounding area (especially behind the reclining seat back or under the seat or leg rest).</b> → Could result in accident or injury.</li> <li>● <b>Do not use the chair while more than one person is sitting in it. In particular, do not use the chair while holding a small child (or baby).</b> → Could result in accident or injury.</li> <li>● <b>Do not use the chair while your body is wet, or with wet hands.</b> → Could result in electric shock or damage to the chair.</li> <li>● <b>Do not use the chair if the covering is torn. If it is, unplug the power cord from the wall outlet.</b> → Could result in accident, injury or electric shock. Contact the vendor for repairs.</li> <li>● <b>Be careful not to get hands, feet, or objects caught between the units of the leg rest or between the leg rest and the chair. Be careful not to get hands, feet, or objects caught between the units of the armrest or between the armrest and the chair.</b> → Accident, personal injury or damage to the chair may result if hands, feet or objects are caught.</li> <li>● <b>Do not release hands suddenly while lifting the leg rest by hand.</b></li> </ul>
 Required Action	<ul style="list-style-type: none"> <li>● <b>Make sure no one, especially children or pets, is in the way when reclining the seat back or lowering the leg rest down. Be careful that people and/or objects are not caught behind the seat back or under the leg rest.</b></li> </ul>

 <b>Caution</b>	
 Prohibited	<ul style="list-style-type: none"> <li>● <b>Do not use the chair unclothed.</b></li> <li>● <b>Do not use the chair for purposes other than massage, or other than the ordinary uses of a chair.</b> → Could result in accident or injury.</li> <li>● <b>Do not use the chair to massage the head, chest, stomach, and/or joints (knees, elbows). Do not place hands, feet, or arms in between the rollers.</b> → May result in nausea or injury. Place a soft towel behind your neck if you want to avoid intense stimulation of the area.</li> <li>● <b>Do not place hands or feet into the roller tracks, into the space between the seat back and the seat or into the moving parts. Do not sit wearing hard objects, such as hair accessories or a necklace.</b> → May result in personal injury.</li> <li>● <b>Do not use the small headrest anywhere other than behind your neck.</b> → May result in personal injury.</li> <li>● <b>Do not place anything other than legs and feet on the leg rest.</b> → May result in personal injury.</li> <li>● <b>Do not operate the massage chair or leave it operating when there is no one in it.</b> → Could result in accident or injury.</li> </ul>

# SAFETY PRECAUTIONS

## Safety Precautions: During Use

 <b>Caution</b>	
 Required Action	<ul style="list-style-type: none"> <li>● In an emergency, or if you find any abnormal condition, push the EMERGENCY STOP button on the remote control to stop operation immediately.</li> <li>● If you get acute pain or other unusual physical discomfort while using the chair, immediately discontinue the use of the chair and seek medical advice.</li> <li>● If you feel the massage is too strong, reduce the stimulation according to this Operating Manual. If this solution does not work, stop using and contact the vendor.                         <ul style="list-style-type: none"> <li>→ May result in injury if you continue use with high stimulation under such circumstances.</li> </ul> </li> <li>● Make sure to keep the back pad in place during massage. Do not use the chair without the back pad.                         <ul style="list-style-type: none"> <li>→ May result in personal injury.</li> </ul> </li> <li>● Do not fall asleep in the chair during a massage session.                         <ul style="list-style-type: none"> <li>→ May result in personal injury.</li> </ul> </li> <li>● Keep massage sessions to no more than 15 minutes in length. Do not exceed five minutes for area specific massage of any particular part of the body.                         <ul style="list-style-type: none"> <li>→ Continuous use for extended periods of time can result in over-stimulation, which could cause the opposite of the desired effect, or even injury. The total amount of time for a daily massage should be limited to about 30 minutes keeping appropriate intervals between each massage session.</li> </ul> </li> <li>● If your leg or foot comes out of the leg rest during the massage, do not try to force it back in.                         <ul style="list-style-type: none"> <li>→ Undue force may result in damage to the mechanism.</li> </ul> </li> </ul>
 Unplug the chair	<ul style="list-style-type: none"> <li>● If there is a power outage or the possibility of a power outage, stop operation immediately and turn the main POWER switch to OFF. Unplug the power plug from the wall outlet.                         <ul style="list-style-type: none"> <li>→ Accident or injury may result if the chair is still in operating mode when the power resumes.</li> </ul> </li> <li>● If there is a threat of lightning, stop operation immediately and turn the main POWER switch to OFF. Unplug the power plug from the wall outlet.</li> <li>● If an operation does not start, or if you find any abnormality, stop the chair immediately and turn the main POWER switch to OFF to prevent an accident. Unplug the power plug from the wall outlet. Contact the vendor for inspection or repairs.                         <ul style="list-style-type: none"> <li>→ Electric shock or fire caused by a short circuit may result if the chair is left plugged in under such circumstances.</li> </ul> </li> </ul>

## Safety Precautions: After Use or When Not in Use

 <b>Caution</b>	
 Required Action	<ul style="list-style-type: none"> <li>● Be sure to turn the main POWER switch to OFF after every use and to unplug the power plug from the wall outlet.                         <ul style="list-style-type: none"> <li>→ Accident or injury may result if children or pets play with the chair.</li> </ul> </li> <li>● After using the chair, be sure to return the reclining seat back to its upright position and lower the leg rest to its lowest position.</li> <li>● Wipe the chair off after every use, and store the chair in a place free of excess humidity.</li> <li>● Do not place any object on the seat, reclining seat back, or leg rest.</li> </ul>
 Unplug the chair	<ul style="list-style-type: none"> <li>● Hold the power plug when unplugging from the wall outlet. Do not pull on the power cord.                         <ul style="list-style-type: none"> <li>→ May result in electric shock or fire caused by short-circuiting.</li> </ul> </li> <li>● When cleaning the chair, make sure to unplug the power plug from the wall outlet first. Do not plug or unplug the power plug with wet hands.</li> <li>● If the chair is left unused for a while, be sure to unplug it from the wall outlet.                         <ul style="list-style-type: none"> <li>→ Insulation degradation by dirt or moisture may cause electric shock, or fire due to short-circuit.</li> </ul> </li> </ul>

## Other Precautions

 <b>Warning</b>	
 Prohibited	<ul style="list-style-type: none"> <li>● Do not stand on the chair. Do not make a major impact or sit on any part of the chair other than the seat.                         <ul style="list-style-type: none"> <li>→ Personal injury or damage to the chair may result if the chair tips over.</li> </ul> </li> </ul>
 Do not disassemble	<ul style="list-style-type: none"> <li>● Do not try to repair any malfunction of the chair. Contact the vendor for assistance.</li> <li>● For safety, if the power cord is damaged, contact the vendor for replacement.</li> <li>● Do not modify or remodel the chair.                         <ul style="list-style-type: none"> <li>→ May result in fire, electric shock, or injury.</li> </ul> </li> </ul>

 <b>Caution</b>	
 Required Action	<ul style="list-style-type: none"> <li>● If you lend, sell, or otherwise transfer the chair to another party, make sure to include this Operating Manual.</li> </ul>

<b>Note</b>	
<ul style="list-style-type: none"> <li>● Before disposing of the product or its accessories, consult your local authorities about the proper procedure.</li> </ul>	

# MAIN FEATURES

## Compact and lightweight New Hybrid Massage Function

The chair has a compact and hybrid design, enabling a roller massage from the shoulders to the lower back, and an air massage of the buttocks, legs and behind the neck.

## Optic sensors provide for Automatic Shiatsu Point Locator Function

Automatically locates shiatsu points which vary from person to person. This allows for an effective massage that tailors itself to your size and shape.

## Easy-to-see LED Stylish Remote Control

An LED lights up for the selected program, making the buttons easy to understand and use. Also, the remote control semicircle area displays LEDs for the shoulder position search and operations inside the panel of the remote control.

## Easy to adjust to the most comfortable position Automatic Reclining Function

The seat back can be reclined to any angle between approx. 115° and 165° from the floor. The angle of the leg rest can also be adjusted up to approx. 90° according to your preference.

## Enhanced neck kneading Headrest with Neck Air

Stimulating behind the neck with air gives a kneading sensation that is not possible with rollers.

## Advanced healthcare programs Full-Body Stretch Action

The expert kneading of the rollers and the air massage combine with the reclining of the seat to deliver a unique full-body stretch action.

## Advanced Vibration Function

Two vibration types are available. "1/f vibration" balances regular and irregular vibrations, which is similar to the rhythms of natural phenomena such as the sound of streams. "Trapezoidal wave vibration" delivers a pleasurable massage by gradually increasing its intensity.

## Relieve any kind of fatigue Various Course Functions

Preset programs allow you to select the optimal program according to your purpose, while the manual selection mode allows you to combine functions to suit your particular needs.

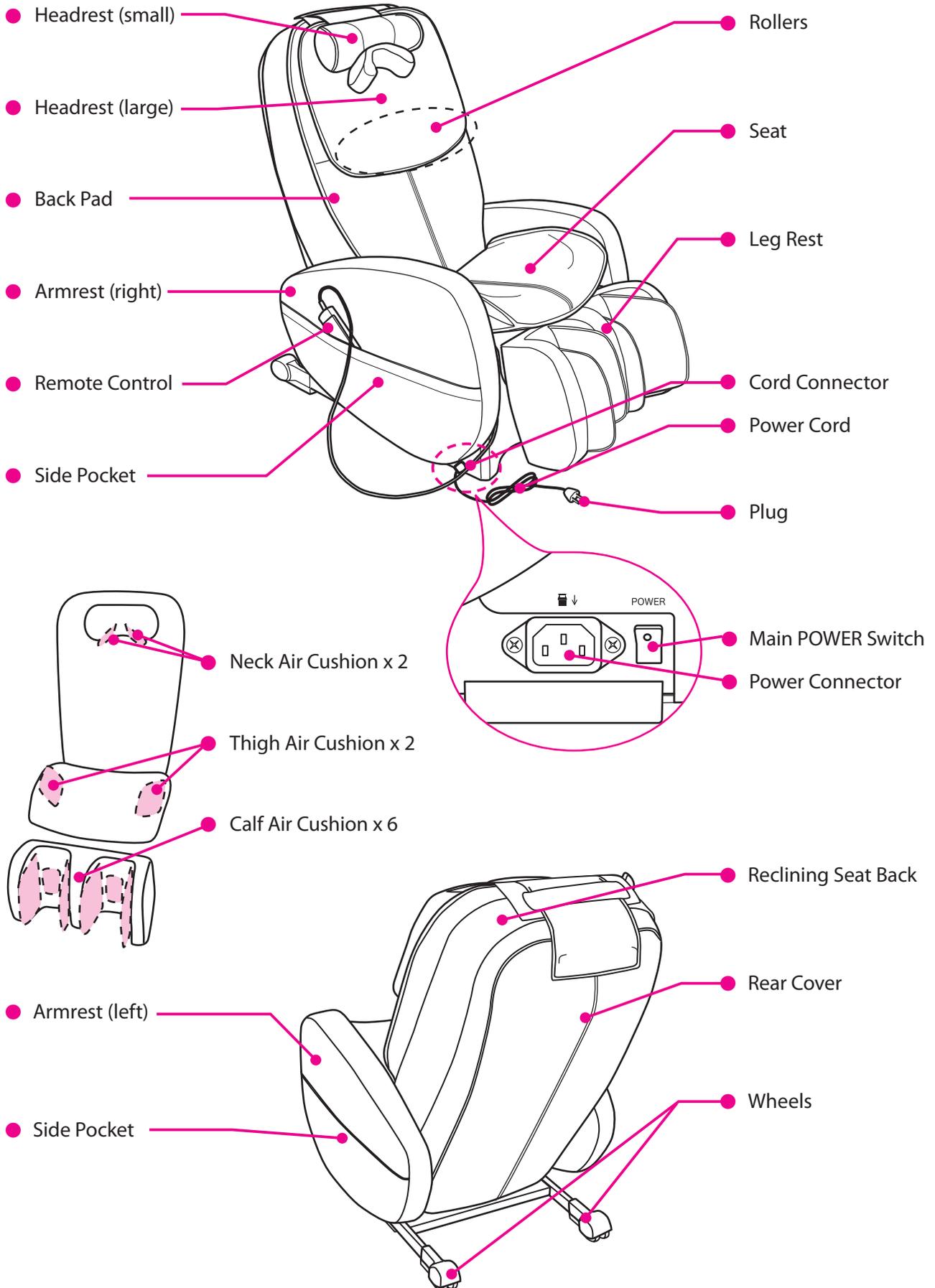
## Benefits

As a therapeutic massage device in the general households, the Inada Chair X.1 provides the following benefits:

- Relaxes muscles
- Relieves minor muscle aches and pains

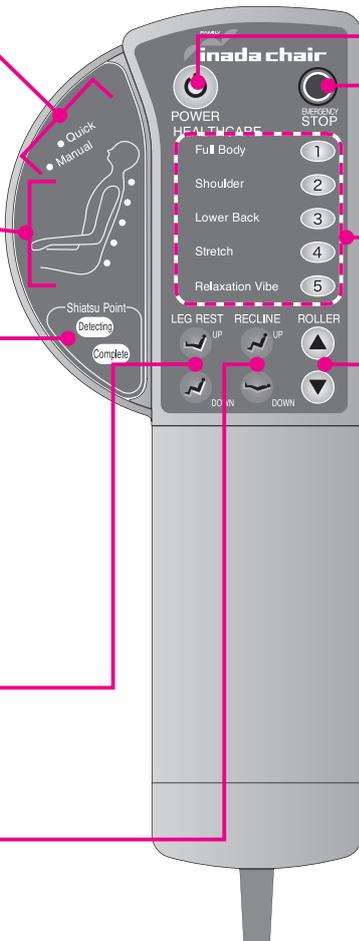
# COMPONENTS & DESCRIPTION

## Chair



[COMPONENTS & DESCRIPTION]

## Remote Control



**Program Selection Display**  
When a program is selected inside the remote control panel, the corresponding program light turns on.

**Roller Position Display**  
The position of the roller during the massage is displayed.

**Shiatsu Point Locator Indicator**  
A light indicates when the shiatsu point locator is operating and when the operation has finished.

**LEG REST Buttons**  
Use to adjust the angle of the leg rest.

**RECLINE Buttons**  
Use to adjust the angle of the reclining seat back.

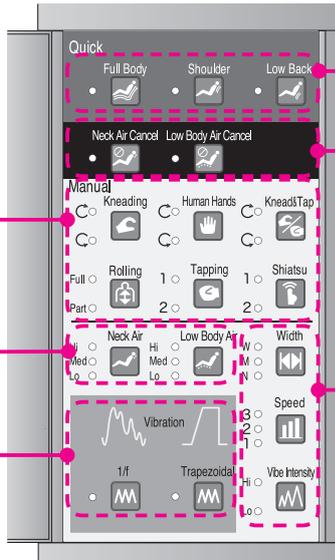
**POWER Button**  
Turns the remote control power ON and OFF.  
If the button is pressed again, the operation will stop after the rollers return to their storage position. The button flashes in green while the power to the remote control is ON, in orange while the power is OFF, and in red while the chair is stopped in an emergency.

**EMERGENCY STOP Button**  
Use this button to shut the chair off immediately in an emergency or if there is a malfunction during operation of the chair. The rollers will stop immediately.

**Preset Program Buttons 1 (Healthcare Programs)**  
Selects the corresponding program.

**ROLLER-Position Adjustment Buttons**  
Use to adjust the shoulder position while the shiatsu point locator is operating, and to adjust the roller position during manual selection mode.

## Remote Control/Inside the Panel



**Basic Operation Buttons**  
Selects among basic massage operations such as Kneading, Tapping, or Rolling.

**Air Massage Buttons**  
Selects among Neck or Low Body air massage.  
\* Press the buttons repeatedly to adjust the air intensity.

**Back Vibration Buttons**  
Selects either 1/f vibration or trapezoidal vibration.

**Preset Program Buttons 2 (Quick Programs)**  
Selects the corresponding program.

**Air Cancel Buttons**  
In the course of a preset program, cancels the corresponding air massage.

**Intensity Buttons**  
Adjusts the basic operations.



**Caution**

- Do not spill water and/or other liquids on the remote control.
- Do not handle the remote control with wet hands.

- Do not sit on the remote control. Do not drop or step on the remote control. Do not pull the remote control cord forcibly.
- Do not use pointed or hard objects to push the buttons.  
→ May result in damage to the remote control.

# BEFORE USE

- This product is shipped with the reclining seat folded down. Be sure to raise the seat back to its fully upright position.
- Do not expose the chair to sudden bursts of heat. If the room where the chair is to be used is cold, turn the heat up slowly. If the chair is moved from a cold place into a heated room, wait one hour before using the chair.
  - Condensation could occur in the moving parts of the chair, which may compromise performance.

## Installation

Allow for at least 50 cm (20 inch) clearance behind the chair and 50 cm (20 inch) in front of the chair when installing, so as to be able to recline the seat back fully without obstruction.

### Caution

- Do not install the chair in an area of high humidity, such as a bathroom or sauna.
- Install on a flat, level surface only.
- Do not use in areas of high debris or dust content. Do not use where ambient temperature is 40°C (104°F) or over.
- Do not install the chair where it can come into contact with direct heat, such as direct sunlight or a radiator.
- Keep fire sources such as cigarettes and ashtrays away from the chair.

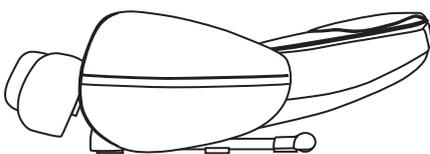
- To avoid damaging floor surfaces and to cut down on the noise of the chair, it may be better to install the chair on a carpeted surface or to lay a piece of carpet under the chair. (Do not use an electric blanket.)
- The chair is very heavy, so please be careful when unloading it so as not to damage floor surfaces.
- Install the chair at least 1 m (40 inch) away from TVs, radios, and/or other audio or video equipment. Otherwise they may make noises affected by the operation of the chair.
- The load to the floor per 1 cm<sup>2</sup> (0.16 inch<sup>2</sup>) is approximately 2.1 kg (4.6 lb), with a person weighing 100 kg (220 lb) sitting on the chair.



## Checking the Supplied Items

Check that the chair and the other items are all in the package.

### Chair



Chair

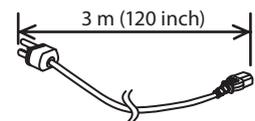
### Items Included



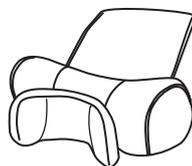
Operating Manual  
(this document)



Leaflets



Power Cord



Headrest (small)  
(with headrest cover)



Buffer Pad  
(thin/thick)

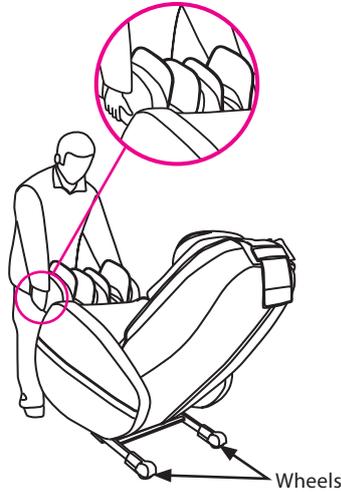


Shiatsu Sheet

## How to Transport or Move the Chair

Turn the main POWER switch to OFF and disconnect the plug from the wall outlet before moving the chair.

Raise the reclining seat back to its upright position, hold the sides of the leg rest, and then move the chair on the wheels by lifting and holding up the front part of the chair.



**Caution!**  
If the passageway clearance is less than 70 cm (28 inch), the chair cannot be moved using the normal method.

There is a risk of damaging the floor surface, so lay down mats or take other protective measures before moving the chair.

**If you cannot move the chair using the normal method...**  
Contact the vendor.

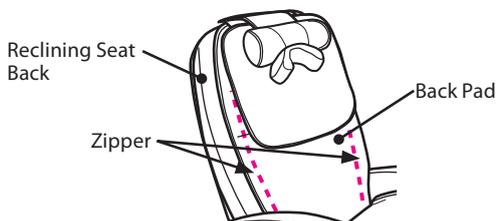
- The chair is very heavy, so be careful not to hurt your lower back when transporting or moving it.
- The remote control is attached to the chair, so make sure that it does not fall when moving the chair. (Place it in the side pocket before moving the chair.)

<p><b>Caution</b></p>	<ul style="list-style-type: none"> <li>● Do not move the chair while someone is in it.</li> <li>● Be sure to disconnect the power cord from the wall outlet before moving the chair. → The power cord may be damaged, resulting in fire or electric shock.</li> </ul>
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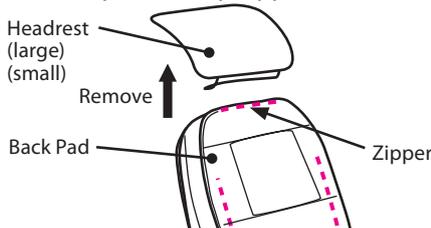
## Checking the Seat Cover

Before using the chair, check the seat cover for tearing with the following procedure.

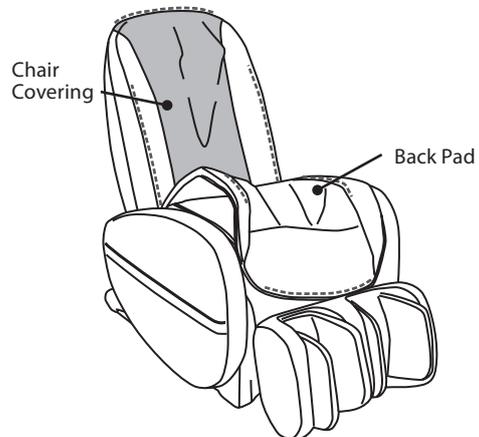
① Open the zipper that fastens the back pad to the seat back. (On both sides)



② Remove the headrests (large) (small) from the back pad and open the top zipper.



③ Lower the back pad as illustrated below and check for holes or tears in the seat cover.



<p><b>Caution</b></p>	<ul style="list-style-type: none"> <li>● Be sure to check for tearing on the chair before every use, as shown in the illustration. Also, check the other parts for tearing. Stop using the chair immediately if you find even the smallest tear. Unplug the chair and contact the vendor for assistance.</li> </ul>
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# BEFORE USE

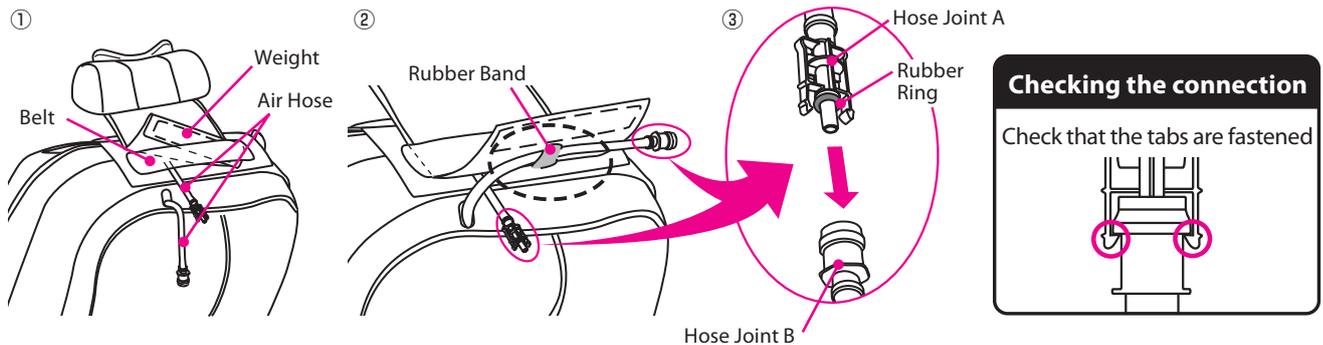
## How to Install the Headrest (Small)

A small headrest that massages behind the neck is supplied with the chair. Be sure to install before use.

- ① Pass the weight of the small headrest and the air hose under the belt.
- ② A rubber band through which to pass the air hose is attached to the rear of the small headrest weight. Pass the air hose that protrudes from the chair through the band as illustrated.
- ③ Connect hose joints A and B.

### Checking after connection

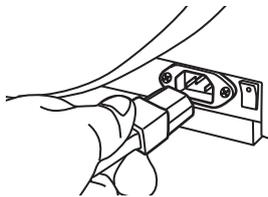
Check that the tabs of hose joint A are firmly fastened to joint B.



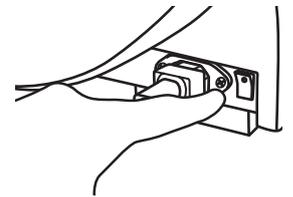
- If massage is performed while the small headrest is not installed, it will result in air leaks and affect the other air massage areas. Be sure to install before use.
- Check that a rubber ring is attached to hose joint A.

## Main Power Connection

- ① First, plug the power cord into the cord connector located at the front right of the chair. Then, plug the other end into the wall outlet.



- ② Set the main POWER switch located at the front right of the chair to ON.



\* If the main POWER switch is turned on while the rollers are stopped in the middle of the movement, they will automatically return to the starting position (upper part of the reclining seat) then stop.

### Warning

- Do not use with any type of transformer device.  
→ May result in damage to the chair or electric shock.

### Caution

- Before plugging the power cord into the wall outlet, make sure that the power switch is set to OFF.
- Make sure that the plug on the power cord is inserted fully into the wall outlet.
- Before using the chair for the first time, turn on all the switches in order as indicated in this Operating Manual to check that the chair is operating properly.

# POSITION ADJUSTMENT

## How to Sit

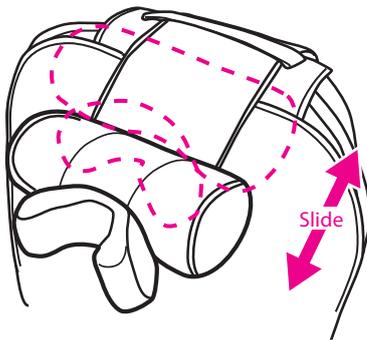
When the chair is off, the rollers are normally drawn back into the left and right sides of the upper part of the seat back (storage position). For safety, first check the position of the rollers. If they are in any position other than storage positions, turn the main POWER switch on before sitting down to allow the rollers to return to their storage position. When you finish checking, sit down slowly in the center of the seat.

### ⚠ Caution

- **Do not sit down on the chair with the leg rest raised.**  
→ Any sudden, heavy weight on the leg rest could cause damage to the mechanism. Also, accident or injury may result if the chair tips over.
- **Before using, raise the reclining seat to its fully upright position. Then recline the seat back slowly to the most comfortable position, remembering to start off with a lighter massage.**

## Headrest (Small) Adjustment

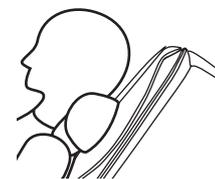
You can adjust the position of the headrest (small) to keep your head in a comfortable, natural position during your massage.



### Proper Position of Small Headrest



The neck kneading area makes contact with the back of the head.



The neck kneading area makes contact with the back of the neck.

- Because the small headrest is balanced by a weight attached to its rear, you can adjust its position simply by moving the headrest up or down. Adjust the neck kneading area to match the back of your neck before starting the massage.
- Place the small headrest in a proper position. If it is not placed properly, the automatic shiatsu point locator may not function properly.

### ⚠ Caution

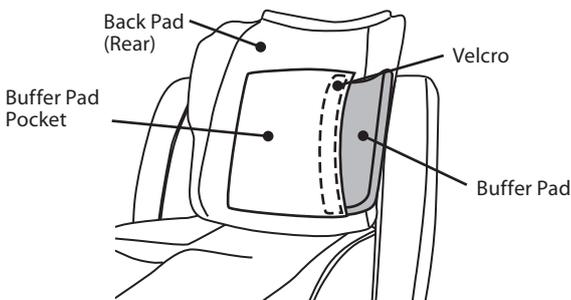
- **Do not use the small headrest anywhere other than behind your neck.**  
→ May result in personal injury.
- **Because a weight is attached to the small headrest, do not throw the headrest or swing it around. Be especially careful if there are small children in your household.**  
→ May result in personal injury.

## How to Use the Buffer Pad

If you feel that the massage is too intense, insert the supplied buffer pad (thin) into the rear of the back pad. If you still feel that the massage is too intense, replace the thin buffer pad with the thick one before starting the massage again.

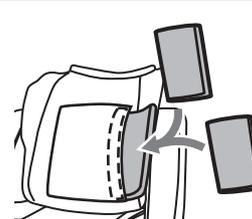
### How to Insert a Buffer Pad

Turn over the back pad, peel open the velcro of the buffer pad pocket on the rear of the back pad, and insert the buffer pad.

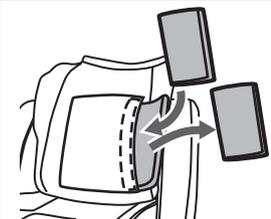


For details on how to turn over the back pad, see ① to ③ in "Checking the Seat Cover" on page 8.

### How to Properly Use the Buffer Pads



Using 2 pads.



Replace. (Remove)

### ⚠ Caution

- **Do not use both buffer pads at the same time.**  
→ May result in accident or injury.
- **Make sure that the buffer pad does not curl up or become lopsided.**  
→ May result in accident or injury.

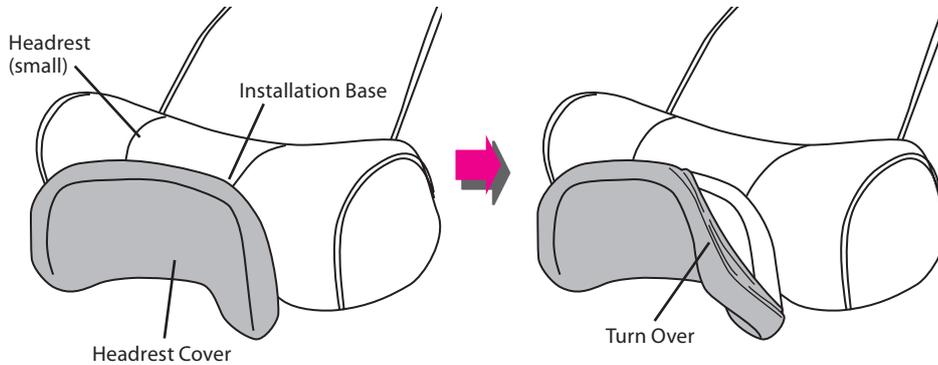
# POSITION ADJUSTMENT

## How to Remove the Headrest Cover

The chair is shipped with a headrest cover covering the small headrest kneading area. Remove this cover when replacing the shiatsu pads.

Turn over the cover and remove it from the installation base of the small headrest kneading area as illustrated.

**Be careful at this time, because the headrest cover may tear if you turn it over with undue force.**

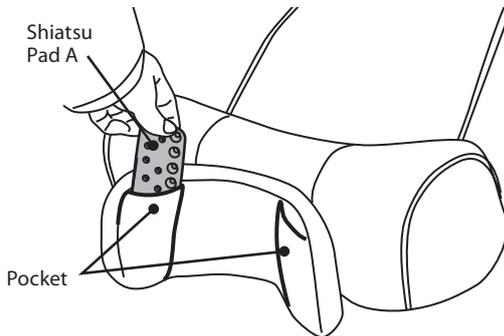


## How to Use the Shiatsu Pads

Shiatsu pads and shiatsu sheets are supplied with the chair. Use by inserting them into the small headrest and the special leg rest pockets.

[POSITION ADJUSTMENT]

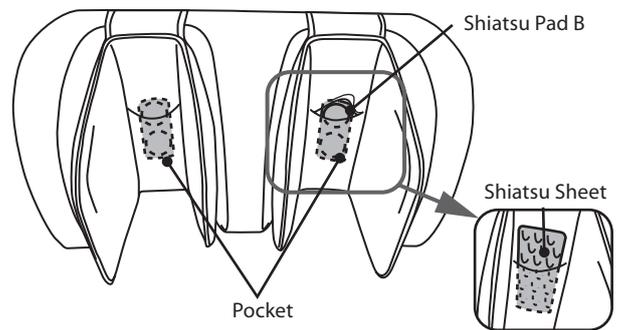
### Headrest (small)



Shiatsu pad A is installed in the neck kneading area of the small headrest. If you want, you can replace shiatsu pad A with shiatsu pad B. Remove them if you want a gentler massage.

- \* Remove the headrest cover before removing the pads.
- \* Do not insert a shiatsu sheet. If you try to force in a sheet, it may tear or cause an injury.

### Leg Rest



Shiatsu pad B is installed in the calf area of the leg rest. If you want, you can replace shiatsu pad B with shiatsu pad A or a shiatsu sheet. Remove them if you want a gentler massage.

- \* **The cover goes over the calf rear pocket. Insert shiatsu pad A or B into the pocket and cover it with the upper cover.**
- \* **The shiatsu sheet cannot be covered by the upper cover. Insert the sheet and use it as is.**

### Usable with Headrest (Small)



Shiatsu Pad A



Shiatsu Pad B

### Usable with Leg Rest



Shiatsu Sheet

## How to Use the Leg Rest

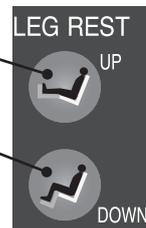
### Vertical Adjustment

#### ■ To raise the leg rest:

Press the top LEG REST button to raise the leg rest.

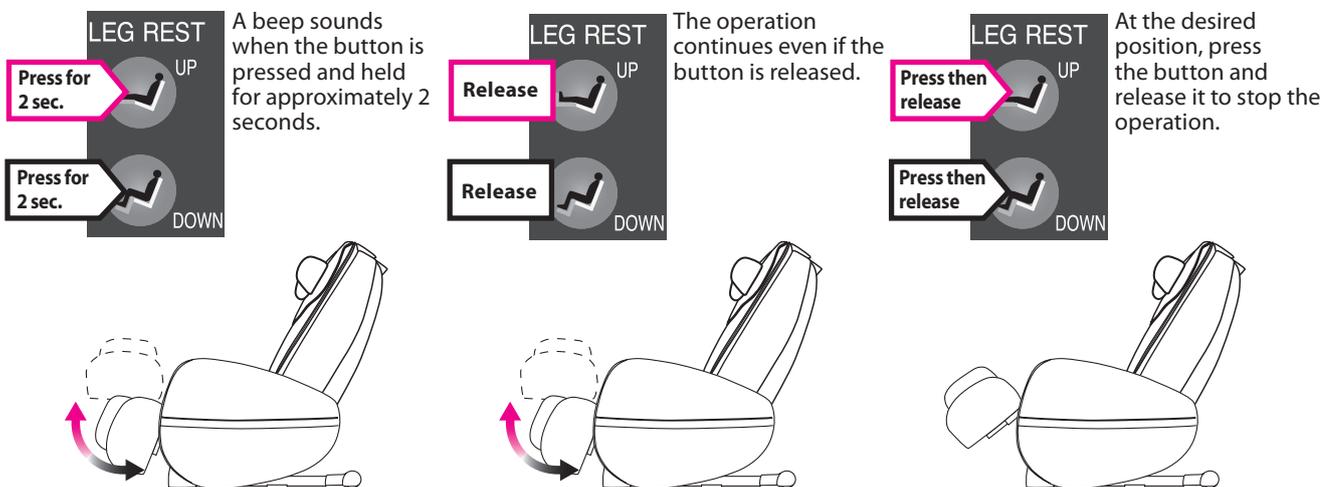
#### ■ To lower the leg rest:

Press the bottom LEG REST button to lower the leg rest.



### When a Button Is Pressed for 2 Seconds or Longer

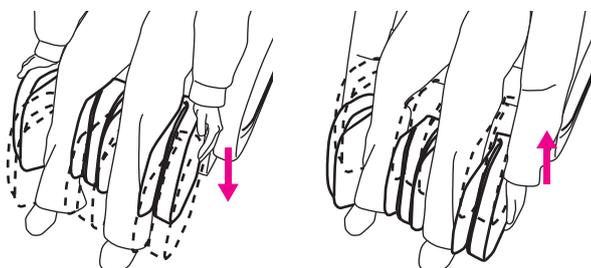
When a button is pressed for 2 seconds or longer, the raising or lowering operation will continue for a certain period of time even if the button is released. (Depending on the usage environment or user, the full raising or lowering operation may not be performed.) Press the button again in the position where you want to stop the leg rest to stop the raising or lowering operation.



- \* The operation stops automatically after a certain period of time.
- \* If you continue pressing a button, its operation will continue.
- \* The operation will not stop if a button other than the RECLINE buttons, LEG REST buttons, Preset Program buttons, POWER button or EMERGENCY STOP button is pressed. However, note that if a Preset Program button is pressed, the seat back and leg rest may start to move automatically again.

### Position Adjustment

Push or pull the leg rest by hand to adjust its position.



### Foot Massage

The feet can be massaged if you sit as shown in the illustration below.



- For safety, if a LEG REST button is pressed during a massage, air massage actions stop.
- The leg rest can be adjusted up or down when the main POWER switch located at the front right of the chair is set to ON. Note that it cannot be operated while the chair is stopped in an emergency.

<b>Warning</b>	<ul style="list-style-type: none"> <li>● Make sure no one, especially children or pets, is in the way when lowering the leg rest. Be careful that people and/or objects are not caught under the leg rest.</li> <li>● Do not release hands suddenly while lifting the leg rest by hand.</li> </ul>
<b>Caution</b>	<ul style="list-style-type: none"> <li>● Do not place anything other than legs and feet on the leg rest.</li> </ul>

# POSITION ADJUSTMENT

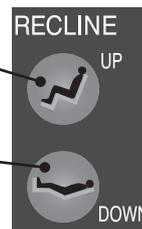
## How to Use the Reclining Seat Back

### ■ To raise the reclining seat back:

Press the top RECLINE button to raise the reclining seat back.

### ■ To lower the reclining seat back:

Press the bottom RECLINE button to lower the reclining seat back.

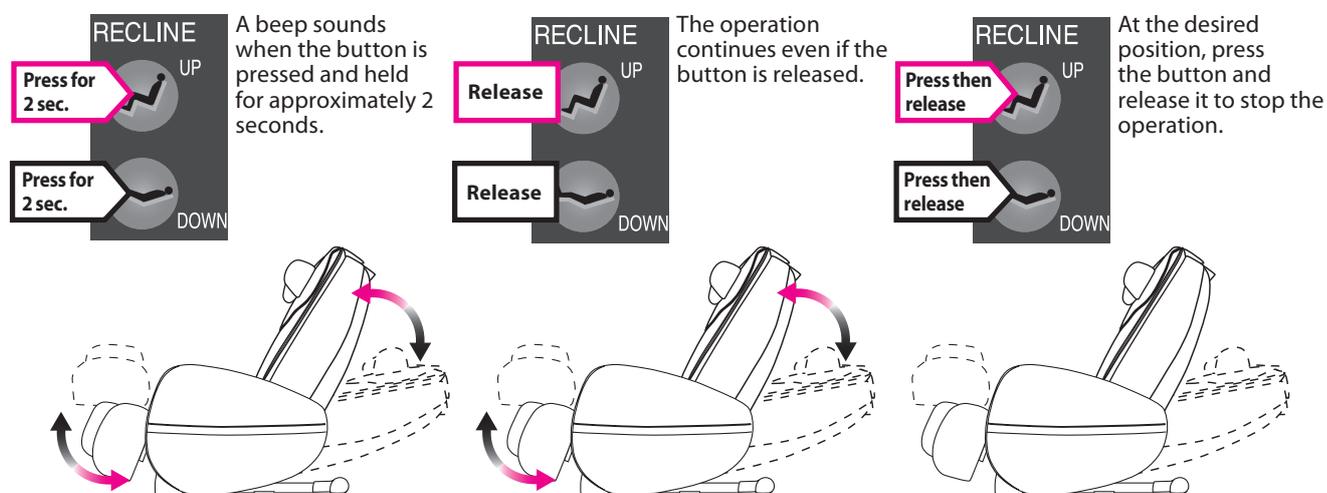


## When a Button Is Pressed for 2 Seconds or Longer

When a button is pressed for 2 seconds or longer, the reclining operation will continue for a certain period of time even if the button is released.

(Depending on the usage environment or user, the full raising or lowering operation may not be performed.)

Press the button again in the position where you want to stop the seat back to stop the reclining operation.



- \* The seat back stops automatically when it reaches its maximum position, and the leg rest stops automatically after operating for a certain period of time.
- \* If you continue pressing a button, its operation will continue.
- \* The operation will not stop if a button other than the RECLINE buttons, LEG REST buttons, Preset Program buttons, POWER button or EMERGENCY STOP button is pressed. However, note that if a Preset Program button is pressed, the seat back and leg rest may start to move automatically again.

- The leg rest operates in conjunction with the movement of the reclining seat back. As soon as the reclining of the seat back stops, the leg rest also stops.
- For safety, if a RECLINE button is pressed during a massage, air massage actions stop.
- The reclining seat back can be adjusted up or down when the main POWER switch located at the front right of the chair is set to ON. Note that it cannot be operated while the chair is stopped in an emergency.

### ⚠ Warning

- Make sure no one, especially children or pets, is in the way when lowering the reclining seat back. Be careful that people and/or objects are not caught behind the reclining seat back.

## AFTER USE

While making sure there is nothing in the surrounding area, return the reclining seat back to its upright position and lower the leg rest to its lowest position.

Set the main POWER switch at the right front of the chair to OFF.

Unplug the power plug from the wall outlet.

### ⚠ Caution

- Be sure to turn the main POWER switch to OFF after every use and to unplug the power plug from the wall outlet.  
→ Accident or injury may result if children or pets play with the chair.
- After using the chair, be sure to return the reclining seat back to its upright position and lower the leg rest to its lowest position.
- Wipe the chair off after every use, and store the chair in a place free of excess humidity.
- Hold the power plug when unplugging from the wall outlet. Do not pull on the power cord.
- If the chair is left unused for a while, be sure to unplug it from the wall outlet.

# PROGRAMS & SELECTION

## PRESET PROGRAMS

The preset programs make it easy to select a program that suits your preferences or objectives.

<p><b>Healthcare Programs</b></p> <p>Programs that include massages for recovering from muscle fatigue.</p>	<b>Full Body</b>	This program is recommended for persons who feel symptoms such as lack of energy or fatigue.
	<b>Shoulder</b>	This program is recommended for persons who have stiff shoulders and neck.
	<b>Lower Back</b>	This program is recommended for persons who have lower-back tension, due to sports, stand-up work or similar reasons.
	<b>Stretch</b>	This relaxation program includes stretch actions where the entire body is bent backward and twisted.
	<b>Relaxation Vibe</b>	A relaxation program that massages by combining 1/f vibration and trapezoidal vibration.
<p><b>Quick Programs</b></p> <p>These programs are intended for refreshing yourself in a short period of time.</p>	<b>Full Body</b>	This program is recommended for persons who want to refresh themselves in a short time.
	<b>Shoulder</b>	This program gives a concentrated massage of the neck and shoulders in a short time.
	<b>Lower Back</b>	This program gives a concentrated massage of the lower back in a short time.

## MANUAL SELECTION

You can combine your favorite massage types. You can also adjust the speed, intensity, and roller positions.

<b>Kneading</b>	<b>Tapping (1 and 2)</b>	<b>Vibration (1/f and Trapezoidal)</b>
<b>Human Hands</b>	<b>Shiatsu (1 and 2)</b>	<b>Neck Air</b>
<b>Knead &amp; Tap</b>	<b>Rolling (Full and Partial)</b>	<b>Low Body Air</b>

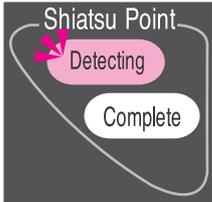
# PRESET PROGRAMS

## Preset Program Messages

- 8 automatic programs provide a variety of different massages to relieve fatigue.
- With the preset program buttons, you can choose your favorite program to give you a massage according to the preset menu.

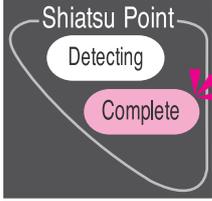
**1 Press the POWER button.**  
If no selection is made within 5 minutes, the power is automatically shut off.

**2 Press the desired program button.**  
The reclining will start after a short time\*. Then, the shiatsu point locator indicator turns on and shiatsu point locating is performed.  
\* If a program is selected while the seat back is reclined, even if only slightly, the seat back may not move.  
**[Note]**  
Sit as far back as possible in the chair and put your head against the headrest in a relaxed manner. Shiatsu points cannot be accurately located if your body is raised.



**3 The shoulder positions can be adjusted.**  
After the shiatsu points are located, the ROLLER buttons flash. The shoulder positions can be adjusted while the buttons flash. See page 16 for how to adjust the shoulder positions.  
If no adjustment is required, do not use these buttons.

**4 The program starts.**  
When shiatsu point locating is completed, the Complete light turns on and the program starts. The air can be canceled or its intensity adjusted while a program is operating. The vibration intensity can be adjusted only during the Relaxation Vibration program.

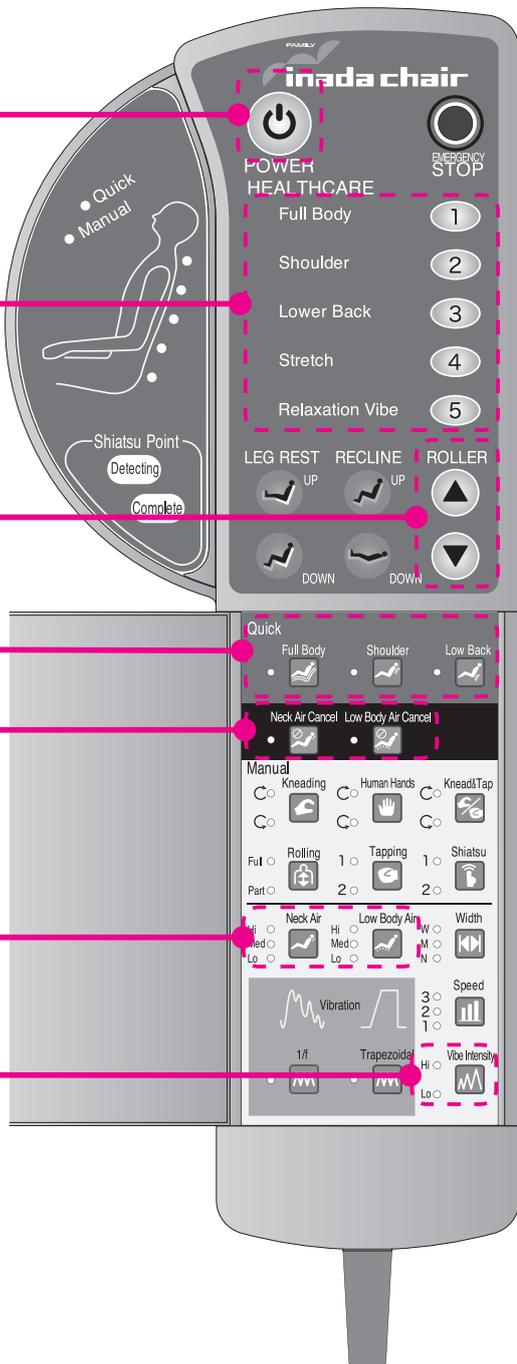


Air Massage Cancellation	
	The air massage can be canceled in each area. The light goes off when the massage is canceled. Press the button of the canceled air massage again to restart the massage.
Intensity Adjustment for Air Massage	
	The intensity can be adjusted for each area. Each time a button is pressed, the intensity changes in the order of Low, Medium and High. (The default setting when the program starts is Medium.)
Vibration Intensity Adjustment (Relaxation Vibration Program Only)	
	The vibration intensity can be adjusted. Each time the button is pressed, the intensity switches between Low and High. (It cannot be canceled.) (The default setting when the program starts is High.)

**5 Program completed.**  
When the massage program finishes, the rollers return to their storage positions (upper part of the seat back). Then the power to the remote control is shut off. However, the reclining of the seat back and the up or down adjustment of the leg rest can still be operated.

**Caution**

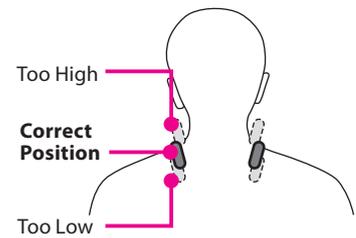
- If you feel the massage is too strong, reduce the stimulation according to this Operating Manual. If this solution does not work, stop using and contact the vendor.  
→ May result in injury if you continue use with high stimulation under such circumstances.
- Do not place hands or feet into the roller tracks, into the space between the seat back and the seat or into the moving parts. Do not sit on the chair wearing hard objects, such as hair accessories or a necklace.
- If your leg or foot comes out of the leg rest during the massage, do not try to force it back in.



### Shoulder Position Adjustment

If the shoulder position is not correct, adjust the shoulder position while the ROLLER buttons are flashing.

	▲	The rollers move up while this button is pressed.
	▼	The rollers move down while this button is pressed.



**The shoulder position may vary slightly from person to person. If necessary, adjust the shoulder position before using the chair.**

### Changing Courses

Before the course in progress finishes, you can change it to another course. After a total duration of 30 minutes, the course in progress stops even if not completed.

### Switching from One Preset Program in Progress to Another

When one preset program button is pressed while another preset program is in progress, the rollers return to their storage positions, then the selected program starts from the automatic shiatsu point location operation.

### Switching from a Preset Program to Manual Selection Mode

When one of the buttons for manual selection mode located inside the panel of the remote control is pressed while a preset program is in progress, the preset program immediately stops, and the selected operation starts. If ROLLING is selected, the operation starts after the shiatsu points are located.

(To select an air massage, first select an operation such as kneading or tapping, or press the POWER button to stop the preset program in progress before making the selection.)

### Stopping in the Middle of a Massage

To stop mid-massage, press the POWER button. The rollers will return to their storage positions and stop.

**In an emergency or if there is some malfunction** during the operation of the chair, press the EMERGENCY STOP button. The rollers will stop immediately. After confirming safety, press the POWER button. The rollers will return to their storage positions and stop.

[PRESET PROGRAMS]

### Precautions for Preset Programs

When a preset program is selected, the reclining seat back may recline automatically. Also, the reclining seat moves automatically during the Stretch program and the Full Body Quick program. For this reason, before using the chair, make sure that there is no person or obstruction behind it, and do not let people approach the chair during use.



- **Keep massage sessions to no more than 15 minutes in length. Do not exceed five minutes for area specific massage of any particular part of the body.**

→ Continuous use for extended periods of time can result in over-stimulation, which could cause the opposite of the desired effect, or even injury. The total amount of time for a daily massage should be limited to about 30 minutes keeping appropriate intervals between each massage session.

# MANUAL SELECTION

## Description of Manual Selection Operations

You can combine massaging actions of your choice from among menus ① to ④.

- A circle in the adjustment column means that the particular adjustment can be made in the course of that massage action.
- The width cannot be adjusted if an action for which width adjustment is not available is combined with rolling.

### ① Basic Operations

Operation	Button	Action	Forward/Reverse	Speed Adjustment	Width Adjustment	Up/Down Adjustment
Kneading		<b>This performs a kneading type of massage.</b> Each time the button is pressed, <b>forward direction, reverse direction, or stop</b> can be selected.	<input type="radio"/>	<input type="radio"/>	—	<input type="radio"/>
Human Hands		<b>This performs a complex massage mimicking the touch of human hands.</b> Each time the button is pressed, <b>forward direction, reverse direction, or stop</b> can be selected.	<input type="radio"/>	—	—	<input type="radio"/>
Tapping		<b>This performs a tapping type of massage.</b> Each time the button is pressed, <b>Tapping 1, Tapping 2, or stop</b> can be selected.	Tapping 1	—	<input type="radio"/>	<input type="radio"/>
			Tapping 2	—	—	<input type="radio"/>
Knead & Tap		<b>Kneading and tapping are simultaneously performed.</b> Each time the button is pressed, <b>forward direction, reverse direction, or stop</b> can be selected.	<input type="radio"/>	<input type="radio"/>	—	<input type="radio"/>
Shiatsu		<b>This performs rhythmical Shiatsu massage.</b> Each time the button is pressed, <b>Shiatsu 1, Shiatsu 2, or stop</b> can be selected.	Shiatsu 1	—	—	<input type="radio"/>
			Shiatsu 2	—	—	—

### Indications

Kneading, Human Hands, and Knead & Tap		
Forward direction	Reverse direction	Stopped
<input checked="" type="radio"/>	<input type="radio"/>	<input type="radio"/>
<input type="radio"/>	<input checked="" type="radio"/>	<input checked="" type="radio"/>
The light of the selected direction (forward or reverse) turns on. The light goes off if the operation is stopped or another operation is selected.		

Tapping, Shiatsu		
Tapping 1 Shiatsu 1	Tapping 2 Shiatsu 2	Stopped
1 <input checked="" type="radio"/>	1 <input type="radio"/>	1 <input type="radio"/>
2 <input type="radio"/>	2 <input checked="" type="radio"/>	2 <input type="radio"/>
The light of the selected mode (1 or 2) turns on. The light goes off if the operation is stopped or another operation is selected.		

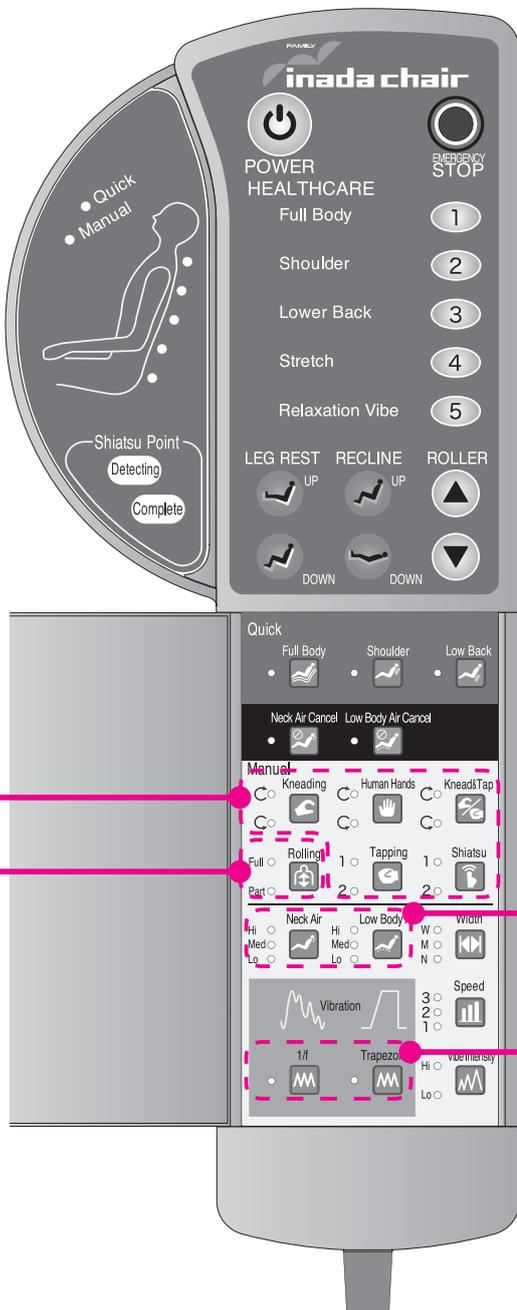
### ② Rolling

Shiatsu point locating is performed.

Operation	Button	Action	Width Adjustment	Up/Down Adjustment	
Rolling		This performs the full or partial stretching of the spine using only up and down roller movements. Each time the button is pressed, <b>full rolling, partial rolling, or stop</b> can be selected.	Full Rolling	<input type="radio"/>	<input type="radio"/> (Changes between upward and downward movement)
			Part Rolling	<input type="radio"/>	<input type="radio"/> (Adjusts the center position)

### Indications

Rolling		
Full Rolling	Part Rolling	Stopped
Full <input checked="" type="radio"/>	Full <input type="radio"/>	Full <input type="radio"/>
Part <input type="radio"/>	Part <input checked="" type="radio"/>	Part <input type="radio"/>
The light of the selected rolling (full or partial) turns on. The light goes off if the operation is stopped.		



### ③ Air Massage

Each time the button is pressed, the intensity changes in the order of Low, Medium, High and Off.

Operation	Button	Action	Intensity Adjustment
Neck		Air massage to the neck. (Locates shiatsu points.)	○
Legs and Seat		Air massage to the legs and seat.	○

- \* In the neck air massage, the shiatsu points are located and then the rollers move up and down in combination with the neck air.
- \* Neck air cannot be operated at the same time as a basic operation or rolling (full or partial).

#### Indications

Air Massage			
Lo	Med	Hi	Stopped
Hi ○	Hi ○	Hi ●	Hi ○
Med ○	Med ●	Med ○	Med ○
Lo ●	Lo ○	Lo ○	Lo ○

The light of the selected air intensity turns on. The light goes off if the operation is stopped.

### ④ Vibration

Vibration massage to the back. Each time the button is pressed, it switches between operate and stop.

Operation	Button	Action	Width Adjustment	Up/Down Adjustment	Intensity Adjustment
1/f Vibration		1/f vibration operation.	○	○	○
Trapezoidal Vibration		Trapezoidal vibration operation.	○	○	○

#### Indications

The light of the selected vibration turns on. The light goes off if the operation is stopped.

# MANUAL SELECTION

## Various Adjustments



### Roller Position Adjustment

#### When rolling is not selected:

The roller position can be adjusted to the area that you want to massage.

▲	The rollers move up while this button is pressed.
▼	The rollers move down while this button is pressed.

#### When full rolling is selected:

Changes between up and down.

▲	When pressed during a down movement, changes to up.
▼	When pressed during an up movement, changes to down.

#### When partial rolling is selected:

The center position of the range of partial rolling can be adjusted.

▲	The rollers move up while this button is pressed.
▼	The rollers move down while this button is pressed.

The position at which you release the button becomes the center of the operation.

#### When neck air is selected:

✗ The kneading position cannot be adjusted

- When up (or down) is selected when the roller is already at the highest (or lowest) position or in the shoulder position where the shiatsu points were located, a warning alarm sounds.

#### Caution!

If a basic operation, rolling or vibration has not been selected, there will be no operation even if you press a ROLLER button. (When neck air is selected, the roller position can be adjusted after the operation is canceled.)

### Width Adjustment

W ○ M ● N ○	Width	During a basic operation where width adjustment is possible, the width of the rollers can be adjusted in 3 steps (narrow, medium and wide).
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### Speed Adjustment

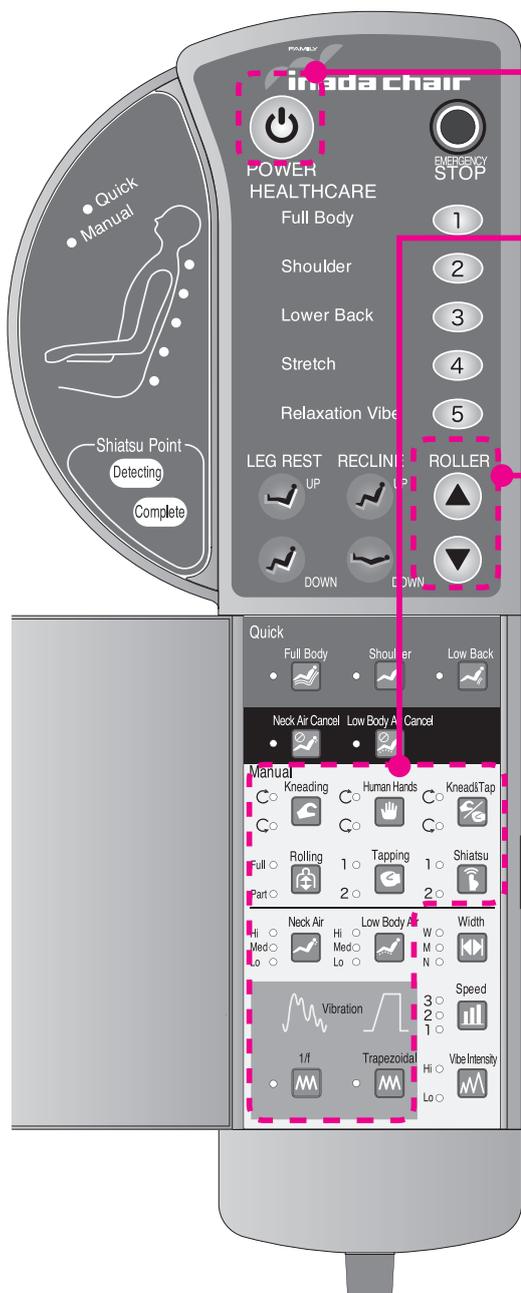
3 ○ 2 ● 1 ○	Speed	During a basic operation where speed adjustment is possible, the speed of action can be adjusted in 3 steps.
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### Vibration Intensity Adjustment

Hi ○ Lo ○	Vibe Intensity	Each time the vibration intensity button is pressed, the intensity switches between Low and High.
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\* When the vibration is switched between 1/f vibration and trapezoidal vibration, it switches at the intensity level that is currently selected.

## Various Operations



1

### Press the POWER button.

If no selection is made within 5 minutes, the power is automatically shut off.

2

### Press the desired button.

Select a basic operation + rolling + vibration + air massage.

3

### The shoulder positions can be adjusted.

(When rolling or neck air is selected)

After the shiatsu points are located, the ROLLER buttons flash. The shoulder positions can be adjusted while the buttons flash. See page 16 for how to adjust the shoulder positions. If no adjustment is required, do not use these buttons.

4

### The program starts.

When shiatsu point locating is completed, the Complete light turns on and the program starts. A basic operation can be changed and the air intensity can be adjusted even while a program is operating.

5

### Program completed.

When the massage program finishes, the rollers return to their storage positions (upper part of the seat back). Then the power to the remote control is shut off. However, the reclining of the seat back and the up or down adjustment of the leg rest can still be operated.

### Shiatsu Point Locating in Manual Selection Mode

When rolling or neck air is selected after selecting a basic operation or low body air, the operation is interrupted temporarily to perform shiatsu point locating. (Locating is not performed if shiatsu points have already been located, even if only once.)

## Changing Courses

### Switching from Manual Selection Mode to a Preset Program

When one manual selection button is pressed while another preset program is in progress, the rollers return to their storage positions, then the selected program starts from the automatic shiatsu point location operation. After a total duration of 30 minutes, the course in progress stops even if not completed.

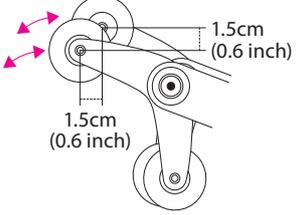
### Stopping in the Middle of a Massage

To stop mid-massage, press the POWER button. The rollers will return to their storage positions and stop.

**In an emergency** or **if there is some malfunction** during the operation of the chair, press the EMERGENCY STOP button. The rollers will stop immediately. After confirming safety, press the POWER button. The rollers will return to their storage positions and stop.

# TROUBLESHOOTING

If there is still a problem after trying the solutions given in this troubleshooting guide, stop using the product immediately so as to prevent accident or injury and unplug the product from the wall outlet. Contact the vendor for assistance.

Problem	Cause & Solution	This is part of the design and is not a malfunction.
The right and left rollers are out of alignment.	<p>The rollers are designed with an alternating tapping mechanism, so in the stopped position they are sometimes out of line. This is part of their design and there is nothing wrong with the chair.</p> 	
If I try to raise or lower the reclining seat back or leg rest during air massage, the air massage stops.	For safety reasons, the air pressure massage is designed to stop if the reclining seat back is adjusted or the leg rest is raised or lowered. → See P12, 13	
The rollers moved up to the top and then stopped.	The auto timer will cause the rollers to move up to the top of the chair when the massage time is finished, so as not to interfere with your movements when getting out of the chair.	
The rollers stop during the massage.	Sometimes when there is too much pressure to the rollers, they can stop moving temporarily. Slightly lift your body or slightly raise the reclining seat back.	If there is still a problem after the check, stop using the product immediately.
The POWER button of the remote control and the program button flash.	Set the main POWER switch located at the front right of the chair to OFF then back ON after about 5 seconds. → See P9	
The automatic shiatsu point locator function is not working properly. (The height of the rollers does not fit the shoulders.)	Sit further back in the chair so that your head rests firmly on the headrest. Or, you can adjust the shoulder position with the ROLLER buttons immediately after the shiatsu points are located. → See P10, 16	
Remote control buttons do not seem to be operating normally. Or the power does not turn on.	<p>Check for the following:</p> <ol style="list-style-type: none"> <li>(1) Is the power cord fully plugged into the wall outlet? → See P9</li> <li>(2) Is the power switch located on the right side of the chair set to ON? → See P9</li> <li>(3) Are you pressing two buttons at the same time?</li> </ol>	
The power cord or plug is abnormally hot.	<b>Stop using immediately.</b>	
<b>contact the vendor for assistance</b>		
<b>Anyone other than an authorized service person must not repair or disassemble.</b>		

Noise during chair operation

These noises are a normal part of the chair's operation and do not affect its performance in any way.

The following noises are made during operation.

Noises during tapping

Sound of the rollers rubbing against the seat cover during kneading

Sound of raising and lowering the rollers, sound of roller operations

Sound of the air massage cushions

Sound of the air pump

Sound of air discharge

Sound of raising and lowering the reclining seat back

## REGULAR MAINTENANCE FOR SAFETY

Regular Maintenance Will Preserve the Life of Your Chair

### Have you experienced any of these problems?

- The chair does not start with the main POWER switch set to ON.
- The power cord has been cracked or scratched.
- The power cord or plug becomes abnormally hot.
- The chair produces a burning smell, abnormal sound or vibration.
- The auto timer function does not work in some cases.
- Other failures.

If you find anything listed above, stop using and unplug the power cord from the outlet to prevent failure or accident. Contact us for maintenance.

### To Use Safely

Fabric of the chair (roller fabric) is consumable, and its service life is 3 years (conditions of use: two 15-minute sessions a day, every day).

For safe use, periodic inspection by us is recommended before the end of service life.

\* Durable years vary depending on conditions of use.

\* After about five years of use, a professional inspection is recommended even if there are no symptoms or problems.

For inspection fees, call our technical support number.

**Q** Can I put the chair onto an electric carpet?

**A** Do not place the chair onto an electric carpet because it could cause a fire.

The chair is very heavy, so it could damage the heat generating parts of the electric carpet and start a fire. → See P7

**Q** Can I put the chair onto a wooden floor or a heated floor?

**A** Yes.

However, because the chair could damage the floor surface, we recommend laying a carpet or something similar under the chair. (Same applies to other floor surfaces) → See P7

**Q** Can I use the chair while the small headrest is removed?

**A** No.

Although for structural reasons they can be removed and reattached, if massage is performed while the units are removed, it will result in air leaks and affect the other air massage areas.

**Q** How do I make the massage deeper?

**A** Perform the following:

- Sit back further in the chair so that your weight is against the reclining seat back.
- Lower the reclining seat back. → See P13
- Remove the buffer pad from behind the back pad.  
(When installed) → See P10

With the methods above, you can intensify the massage.

**Q** How do I make the massage lighter?

**A** Perform the following:

- Raise the reclining seat back. → See P13
- Insert the thin or thick buffer pad into the rear of the back pad. → See P10

With the methods above, you can make the massage more gentle.

**Q** Can I use both buffer pads at the same time?

**A** Do not use both pads at the same time.

Using both buffer pads at the same time may injure your body.

**Q** Does the reclining seat back move automatically during a massage or after a program has finished?

**A** The reclining seat back does not move automatically after a program has finished.

However, depending on the selected program, the reclining seat back may move automatically while a program is in progress.

**Q** Can someone who is under 150 cm or over 180 cm use the chair?

**A** Yes.

Because the correct shoulder positions may not be found during shiatsu point locating, we recommend using the chair as follows.

Short person: Raise the reclining seat back  
→ See P13

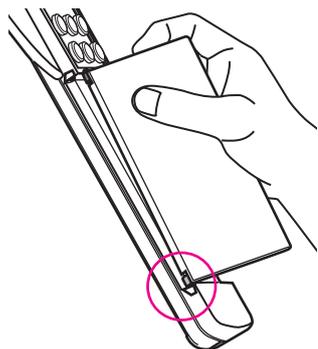
Tall person: Recline the reclining seat back  
→ See P13

After shiatsu point locating is performed, adjust the shoulder positions. → See P16

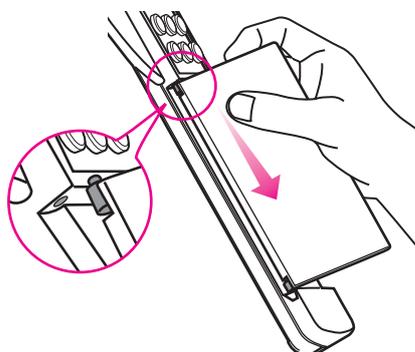
**Q** The remote control panel has come off. Can I fix it?

**A** Reattach with the following procedure.

- 1 Hold the remote control as illustrated, and insert the projection on the bottom left of the panel into the hole on the remote control.



- 2 Lightly push the panel in the direction of the arrow and insert the projection on the top left of the panel into the hole on the remote control.



\* You may damage the remote control panel if you open it too much. If you damage the panel, contact the vendor.

**Q** I spilled water on the chair. What should I do?

**A** There is a danger of an electric shock. Immediately stop using the chair and perform the following.

- Set the main POWER switch located at the front right of the chair to OFF.
- Unplug the power plug from the wall outlet. After performing the above, contact the vendor for assistance.

# CARE AND STORAGE

## Storage

- After wiping off any dust or dirt, store the product in a place that is relatively dry.
- If you are not going to use the product for some time, put a cover on it that will protect it from dust and dirt.
- Pets can sometimes chew on power cords, so try to keep pets away from the product even when it is being stored.



### Caution

- Do not install the product where it can come into contact with direct heat, such as direct sunlight or a radiator.

## Care and Maintenance



### Caution

- When cleaning or caring for the product, make sure to unplug the product from the wall outlet first. Do not plug or unplug the power cord with wet hands.

### Caring for the Back Pad and Covers

Soak a piece of soft cloth in lukewarm water in which a small amount of mild detergent has been added. Then thoroughly wring it out before cleaning off any spots or grime.



### Caution

- The fabric color can change if the product is in contact with vinyl covers or some wall coverings for a prolonged period of time.

### Caring for the Remote Control

Wipe dirt off the remote control with a dry cloth.

- Never use a moistened or wet cloth. → May result in mechanical failure.

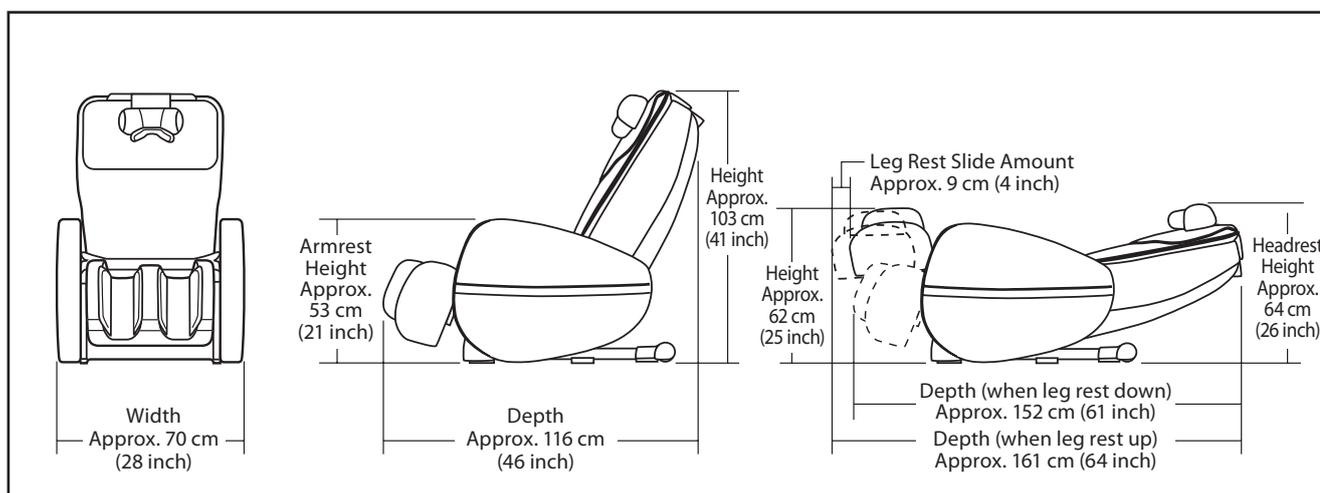
### Caring for Other Plastic Parts

Soak a piece of soft cloth in lukewarm water in which a small amount of mild detergent has been added, thoroughly wring it out, and clean off any spots or grime. Then wipe with a dry cloth so that no detergent residue remains.

- Do not use alcohol based or other household cleaning products or abrasives because they can scratch or crack the finish and/or cause color to fade.

# SPECIFICATIONS

<b>Name &amp; Model Number</b>	inada chair HCP-710D	
<b>Power Supply</b>	AC 220-240 V	
<b>Power Consumption</b>	130 W	
<b>Power Frequency</b>	50-60Hz	
<b>Rated Time</b>	30 minutes	
<b>Upper Body</b>	<b>Kneading Speed</b>	3 levels, from minimum 10 times/minute to maximum 32 times/minute (approx.)
	<b>Tapping Speed</b>	3 levels, from minimum 180 times/minute to maximum 500 times/minute (approx.)
	<b>Roller Width</b>	3 steps (narrow, medium and wide)
	<b>Up/Down Speed</b>	One full cycle in approx. 28 seconds (approx. 4.1 cm/sec (1.6 inch/sec))
	<b>Back Stroke Range</b>	Approx. 69cm (28 inch) (in partial roller massage: approx. 15 cm (6 inch))
<b>Preset Programs</b>	5 Healthcare Programs, 3 Quick Programs	
<b>Manual Selection</b>	16 types (automatic shiatsu point locator function included in some programs)	
<b>Air Pressure</b>	Approx. 37 kPa	
<b>Auto Timer</b>	Approx. 15 minutes (preset programs vary in duration.)	
<b>Leg Rest Adjustment Range</b>	Approx. 9 cm (3.6 inch) (manual adjustment)	
<b>Reclining Angle</b>	Approx. 115° - 165° from floor level, continuous motion (Automatic reclining)	
<b>Chair Dimensions</b>	Approx. 70 cm × 116 (161) cm × 103 (64) cm (W/D/H) (Approx. 28 inch × 46 (64) inch × 41 (26) inch (W/D/H)) The depth and height figures in ( ) represent the dimensions when fully reclined and with the leg rest flat	
<b>Weight</b>	Approx. 60kg (132 lb)	
<b>Outer Covering</b>	Synthetic leather (antibacterial)	
<b>Supplied Items</b>	Power cord, buffer pad (thick)/(thin), shiatsu pad A/B × 2 each, shiatsu sheet × 2	



[SPECIFICATIONS]

# SPECIFICATIONS

## Meaning of the Crossed-Out Wheeled Dustbin



This symbol indicates that the waste of electric and electronics equipment must be separated from a collection of household waste. The disposal of electric and electronics equipment in household dump-site is prohibited by the regulation of EU WEEE Directive 2002/96/EC. Please use appropriate collection systems for the discarded equipment. Separated collection contributes to reuse of materials and to protect the environment. For more information on available collection system, please contact the vendor.